Dr. Murray Men's MultiStart Formula

Code 1570 (120 Tablets)

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Men's MultiStart™ Formula provides a complete spectrum of vitamins, minerals and herbs essential to optimizing men's health. This nutrient-rich formula offers a range of benefits including protective antioxidants (Vitamins A, C, E and Selenium), immune system boost (zinc, bee pollen) and energy enhancement (B Vitamins, ginseng). Saw Palmetto maintains prostate health while zinc supports the production of male hormones.* This special supplement is ideal for men dealing with the stresses of busy, modern lives.

Suggested Usage:
4 tablets per day or as directed by a health professional. Keep out of reach of children.
Contains no artificial color or sweeteners; no dairy, wheat or yeast.
Phytosome™ is a trademark of Indena S.p.A.

Supplement Facts

Serving Size 4 Tablets

	Amount per Serving	% Daily Value
Calories	15	
Total Carbohydrate	2g	<1%**
Vitamin A (50% as beta carotene and 50% as Vitamin A-palmitate)	10,000iu	200%
Vitamin C (as ascorbic acid)	500mg	830%
Vitamin D (as cholecalciferol)	200iu	50%
Vitamin E (as d-alpha tocopheryl acid succinate)	200iu	670%
Vitamin K	60mcg	80%
Thiamin (as thiamin hydrochloride)	60mg	4000%
Riboflavin	30mg	1760%
Niacin (70% as niacinamide and 30% as niacin)	45mg	230%
Vitamin B6 (as pyridoxine hydrochloride)	30mg	1500%
Folic Acid	400mcg	100%
Vitamin B12 (as cyanocobalamin)	400mcg	6670%
Biotin	500mcg	170%
Pantothenic Acid (as calcium pantothenate)	100mg	1000%
Calcium (as calcium citrate and calcium carbonate)	400mg	35%
Iodine (from kelp)	300mcg	200%
Magnesium (as magnesium oxide)	250mg	60%
Zinc (as zinc citrate)	30mg	200%
Selenium (as selenium chelate)	100mcg	140%
Copper (as copper gluconate)	1.5mg	80%
Manganese (as manganese citrate)	15mg	750%
Chromium (as chromium picolinate)	200mcg	170%
Molybdenum (as molybdenum citrate)	25mcg	35%
Potassium (as potassium citrate)	99mg	2%
Alfalfa juice (Medicago sativa), powdered extract 8:1	50mg	†
Bee Pollen	50mg	†
RNA Powder	50mg	†
Spirulina algae (Spirulina platensis), powdered	50mg	†
Wheat Grass juice, powdered	50mg	†
Saw Palmetto (Serenoa repens), powdered extract (fruit)	100mg	†
Curcumin (Curcuma longa) powdered extract (root)	100mg	†
Ginger (Zingiber officinale), powdered extract 4:1 (root)	100mg	†
Panax Ginseng Phytosome™	50mg	†
Lutein (from Marigold flowers, Tagetes erecta)	1mg	†

Other ingredients: Cellulose, vegetable oil, magnesium stearate (vegetable grade), croscarmellose sodium.