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Sunflower Seeds Raw Hulled Unsalted - 1 lb



Raw Sunflower Seeds provide a wealth of important nutrients. They are an excellent source of Vitamin E, Magnesium, and Copper. They also provide Iron, Zinc, and some Calcium. They are low in saturated fat and are a good source of dietary fiber.

PRODUCT #: 7050
UPC: 733739070500
SRP: $1.99
Where to Buy
Add a Comment

Nutrition Info

	Amount Per Serving	% Daily Value
Calories	165	
Calories from fat	130	
Total Fat	14 g	22%
Saturated Fat	1.5 g	8%
Cholesterol	0 g	0%
Sodium	0 g	0%
Total Carbohydrate	6 g	2%
Dietary Fiber	4 g	16%
Sugars	0 g	
Protein	7 G	
Vitamin A		0%
Vitamin E		150%
Calcium		4%
Magnesium		25%
Vitamin C		0%
Copper		25%
Iron		10%
Zinc		10%

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

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Scent-Sational Bath Escape Kit



The holidays are a time of reflection, warmth and renewal. The Scent-Sational Bath Escape Kit is sure to touch the heart of someone special in your life. This complete essential bath kit was...

Leaves of Tea, Tea Chest



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- Share Your Story
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Serving Size: 3 Tbsp

Servings per container: 16

Suggested Use: Hulled Sunflower Seeds can be used in baked goods, sprinkled on salads, and added to breads. Sunflower seeds can be used in sauces, or directly on rice cakes.

Other Ingredients: 100% Hulled Sunflower Seeds

Warnings: None

Disclaimers: None

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A holiday gift of warmth and happiness! One of the greatest gifts one can give is the gift of health, and now you can do just that with this beautiful sculpted metal tea chest. This...

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NOW Foods, quality supplements, discount nutritional supplements, affordable vitamins, discount vitamins, natural vitamins, minerals, natural suppliments, pre-natal vitamins, sports supplements, and health research.