

Fatigued to Fantastic!® Revitalizing Sleep Formula†

Promotes restful sleep so you wake up energized†

Dietary Supplement

Product Numbers: 03233 , 03239

Product Quantities: 30 Capsules, 90 Capsules

Fatigued to Fantastic!® Revitalizing Sleep Formula† helps you get to sleep faster plus maintain a healthy sleep cycle so you wake up energized in the morning.† It also helps you recuperate while you sleep, so you experience less fatigue the following day.† This formula was designed with Jacob Teitelbaum, M.D., recognized fatigue expert and author of *From Fatigued to Fantastic!*

For optimum results, use in combination with Fatigued to Fantastic! Energy Revitalization System™.†

Product Nutrient Categories: **Herbal**

Recommendations: One capsule 30-60 minutes before bedtime. If additional support is desired, take up to four capsules or as directed by a health care practitioner.

Capsule Size: 0

Serving Size: 1 Capsule	**Amount/Serving**	**%DV**
Valerian (Valeriana officinalis) Root Extract standardized to contain a minimum of 0.8% valerenic acids	200 mg	*
Passionflower (Passiflora incarnata) Leaf and Flower Extract 4:1	90 mg	*
L-Theanine (Suntheanine® brand)	50 mg	*
Hops (Humulus lupulus) Flower Extract 6.6:1	30 mg	*
Wild Lettuce (Lactuca virosa) Leaf Extract	18 mg	*
Jamaica Dogwood (Piscidia piscipula) Root Extract	12 mg	*
Wild Lettuce (Lactuca virosa) Leaf	10 mg	*

*Daily Value (DV) not established.

Other Ingredients: gelatin, magnesium stearate, titanium dioxide color, and silicon dioxide.

Contains No: sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial flavoring and preservatives. All colors used are from natural sources.

Notes:
Dr Teitelbaum's royalties are donated to charity.

Suntheanine®, a patented form of L-theanine, is a trademark of Taiyo International, Inc.

† **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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