




# Advanced One™ Multiple - No Iron

## Scientific Nutrition in a Once-A-Day!

Iron-free version of Source Naturals Advanced One, for those concerned with their consumption of iron. The formula is otherwise identical.




enlarge bottle

**Supplement Facts**

Serving Size: 1 tablet

| | Amount | %DV |
|---|---|---|
| Sodium | 10 mg | <2% |
| Vitamin A (as palmitate 10,000 IU & | 12000 IU | 240% |
| beta-carotene 2,000 IU) | | |
| Vitamin C (as calcium & magnesium ascorbates & ascorbyl palmitate) | 250 mg | 420% |
| Vitamin D-3 (as cholecalciferol) | 400 IU | 100% |
| Vitamin E (as natural d-alpha-tocopheryl) | 150 IU | 500% |
| Thiamin (vitamin B-1) | 60 mg | 4,000% |
| Riboflavin (vitamin B-2) | 60 mg | 3,530% |
| Niacinamide 55 mg & Niacin 20 mg | 75 mg | 370% |
| Vitamin B-6 (as pyridoxine HCl & pyridoxal-5-phosphate) | 60 mg | 3,000% |
| Folate (as folic acid) | 400 mcg | 100% |
| Vitamin B-12 (as methylcobalamin) | 100 mcg | 1,670% |
| Biotin | 300 mcg | 100% |
| Pantothenic Acid (as calcium D-pantothenate) | 75 mg | 750% |
| Calcium (as calcium carbonate & ascorbate) | 50 mg | 6% |

Related Symptoms

Women's Issues

General Health

Those interested in this product also viewed


Life Force™ Multiple
Bio-Aligned Formula™ * Daily Energy Booster * Capsules and Tablets


Wellness Formula®
Bio-Aligned Formula™ * Capsules and Tablets


Essential Enzymes™
Bio-Aligned Formula™ * Original and Vegetarian Capsules


AHCC®
Active Hexose Correlated Compound


Coral Calcium
600 mg and 1,200 mg Tablets * Powder * Capsules

| | | |
|---|---|---|
| Iodine (from kelp) | 100 mcg | 70% |
| Magnesium (as magnesium oxide, ascorbate, & malate) | 30 mg | 8% |
| Zinc (as zinc citrate & monomethionine [Opti-Zinc®]) | 15 mg | 100% |
| Selenium (as selenomethionine & sodium selenite) | 200 mcg | 280% |
| Copper (as copper sebacate) | 1 mg | 50% |
| Manganese (as manganese citrate & succinate) | 6 mg | 300% |
| Chromium (as polynicotinate [ChromeMate®] & picolinate ) | 200 mcg | 170% |
| Molybdenum (as amino acid chelate) | 100 mcg | 130% |
| Potassium (as potassium citrate & malate) | 10 mg | 1% |
| Choline bitartrate | 60 mg | |
| Inositol | 50 mg | |
| PABA | 50 mg | |
| Ascorbyl Palmitate | 40 mg | |
| N-Acetyl Cysteine | 40 mg | |
| alpha-Lipoic Acid | 40 mg | |
| Milk Thistle Seed Extract Yielding 30 mg Silymarin | 36 mg | |
| Ginkgo Biloba Leaf 24% (50:1 Extract) | 30 mg | |
| MSM (Methylsulfonylmethane) | 25 mg | |
| Eleutherococcus senticosus Root Extract | 25 mg | |
| Quercetin | 25 mg | |
| Green Tea Extract (95% polyphenols) | 20 mg | |
| Grape Seed Extract (Proanthodyn™) | 20 mg | |
| Coenzyme Q10 | 15 mg | |
| Bilberry Standardized Extract (37% anthocyanosides) | 10 mg | |
| Pepper Fruit Extract (Bioperine ) | 2 mg | |
| Boron (as amino acid chelate) | 1 mg | |

**Other Ingredients:** stearic acid, hydroxypropyl cellulose, modified cellulose gum and colloidal silicon dioxide.

**Warning:** Not for use by pregnant or breastfeeding women. Diabetics consult your physician before using this product.

**Suggested Use:** 1 tablet daily with meal.

**SN1487 30 tabs • SN1488 60 tabs • SN1489 90 tabs**