ULTIMATE HAIR & NAIL® FORMULA Vcaps

Specially formulated with high potency vitamins, minerals, amino acids, OptiMSM™ and pure horsetail silica. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Product No. 1106 - 60 Capsules.
Product No. 1108 - 90 Capsules.



Supplement Facts
Serving Size 3 Capsules

Amount Per Serving		% Daily Value
Vitamin A (100% natural beta-carotene 10,000 I.U.) (Vitamin A palmitate 5,000 I.U.)	15,000 I.U.	300
Vitamin E (d-alpha tocopherol)	200 I.U.	667
Vitamin C (calcium ascorbate)	500 mg.	883
Vitamin B-1 (thiamine HCl)	30 mg.	2000
Vitamin B-2 (riboflavin)	30 mg.	1765
Vitamin B-3 (niacinamide)	30 mg.	150
Vitamin B-6 (pyridoxine HCl)	30 mg.	1500
Vitamin B-12 (cobalamin)	50 mcg.	830
Biotin	1000 mcg.	333
Folate (folic acid)	800 mcg.	200
Pantothenic Acid	30 mg.	300
Calcium (ascorbate)	100 mg.	10
Magnesium (aspartate HCl)	50 mg.	13
Manganese (gluconate)	5 mg.	250
Selenium (selenomethionine)	200 mcg.	285
Zinc (picolinate)	25 mg.	166
PABA (para aminobenzoic acid)	30 mg.	*
Choline (bitartrate)	30 mg.	*
Inositol	30 mg.	*
Silica (springtime horsetail)	250 mg.	*
MSM (methylsulfonylmethane)	250 mg.	*
L-Cysteine (HCl)	100 mg.	*
L-Proline	100 mg.	*
L-Methionine	50 mg.	*

* Daily Value not established.

Other Ingredients: 100% Kosher vegetable capsules, silica, stearic acid, magnesium stearate.