Black Elderberry

60 Liquid-filled Capsules • 100% Vegetarian • Amount Per 2 Capsules

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Black Elderberries (*Sambucus nigra*)	200 mg

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE:

25% Anthocyanins	50 mg

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

RECOMMENDATIONS:

Take 1 or more capsules with a small amount of warm water 3 times daily between meals or as directed by your health care provider.