

Fiber Delights™

(Delicious Vanilla Flavor, Vegetarian)

Promotes and helps maintain regularity†

Dietary Supplement

Product Numbers: 07526

Product Quantities: 60 Chewable Tablets

Most Americans consume only about half of the recommended fiber intake each day. **Fiber Delights**™ are a great-tasting, convenient way to get your daily fiber. Not only does it help promote and maintain regularity, it also helps support a healthy immune system, and promotes healthy cardiovascular function.† And best of all, you get natural fiber without having to swallow a gritty drink mix. Delicious Fiber Delights are convenient, chewable tablets you can take anywhere.

Also available in chocolate flavor.

Recommendations: Two chewable tablets daily, with or without water. To achieve maximum benefits, begin with only one tablet each day for the first week, and increase to two tablets daily thereafter. If additional fiber intake is desired, *slowly* increase to six to eight tablets daily.

Serving Size: 2 Chewable Tablets	**Amount/Serving**	**%DV**
Calories	15	
Total Carbohydrate	5 g	2 %
Dietary Fiber	4 g	16 %
Sugars	2 g	*
Proprietary Fiber Blend enriched inulin fiber (inulin and fructooligosaccharides (FOS) from chicory root) and oat (Avena sativa) bran fiber	4.4 g	*
Percent daily values (DV) are based on a 2,000 calorie diet		

*Daily Value (DV) not established.

Other Ingredients: fructose, stearic acid, lecithin, and natural flavor.

Contains No: salt, yeast, wheat, corn, dairy products, artificial coloring, artificial flavoring and preservatives. This product contains natural ingredients; color variations are normal.

Notes: Individual responses may vary due to physiological differences and the amount of fiber already present in the diet.

† **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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Check out the Medical Abstracts section to learn more of the science behind supplements.

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