Alpha GPC
CDP Choline
Cogni-Flex
Cox2Tame
Max DHA
Glucose Optimizer
Lutein
MiBrain
Neuro Defense
Neuro Optimizer
Prostate Optimize
Theanine
Vinpocetine

Theanine 100



Promotes Relaxation and Learning Ability
100mg 60 Capsules
Prod # 15050

USAGE: Take 1 to 2 capsules per day with water or juice on an empty stomach, or as directed by your qualified health consultant.

Theanine 100 is a unique amino acid found almost exclusively in green tea that exerts beneficial effects on brain metabolism. Theanine induces relaxation without causing drowsiness, as measured by increased generation of alpha-waves. Theanine may improve learning ability and sensations of pleasure by affecting dopamine and serotonin neurotransmitters in the brain. Also, Theanine exerts protective effects on the brain by antagonizing glutamate toxicity. Theanine 100 is made enzymatically from amino acids and is identical to the theanine found in green tea.

Keep out of the reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUPPLEMENT FACTS

Serving Size 1 Capsule	Amount	% DV
Theanine	100 mg	*

* Daily Value not established.

Other Ingredients: Rice powder, magnesium stearate and silicon dioxide. Capsule consists of gelatin.

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