Where to buy

Product Information

Item	**My Favorite Multiple® Prime MultiVitamin**
Size/Form	120 Capsules
SKU Number	476
Recommended Daily Dosage	Take 2-6 capsules daily with a meal. Full potency is 6 capsules daily.



•*Features Glucosamine & Lutein*

•*With Food Based Ingredients*

•*With Ester-C®*

*Taking care of yourself is the foundation of good health. My Favorite Multiple® Prime has the vitamins and minerals you need for a healthy today, plus additional ingredients for a healthy tomorrow. We've included the full Daily Value of 20 essential vitamins and minerals, as well as key nutrients that promote joint health, heart health and healthy vision. This innovative formula was carefully designed to provide you with key nutrients such as 600 IU of vitamin D for healthy bones.**

SUPPLEMENT FACTS

Serving Size: 6 capsules
Servings Per Container: 20

Ingredient	Amt Per Serving	% Daily Value
Vitamin A (from Retinal Acetate and 60% Beta Carotene [from D. salina])	7,500 IU	150%
Vitamin C (as Calcium Ascorbate†)	180 mg	300%
Vitamin D (as Cholecalciferol)	600 IU	150%
Vitamin E (as d-Alpha Tocopherol Succinate)	120 IU	400%
Thiamin (Vitamin B-1)(as Thiamin HCl)	3 mg	200%

Riboflavin (Vitamin B-2)	3.4 mg	200%
Niacin (Niacinamide)	40 mg	200%
Vitamin B-6 (as Pyridoxine HCl)	4 mg	200%
Folic Acid	600 mcg	150%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	600 mcg	200%
Pantothenic Acid (as Calcium Pantothenate)	20 mg	200%
Calcium (as Calcium: Citrate, Carbonate, Ascorbate†)	700 mg	70%
Iron (as Iron Amino Acid Chelate††)	18 mg	100%
Iodine (from kelp)	150 mcg	100%
Magnesium (as Magnesium Oxide)	400 mg	100%
Zinc (as Zinc Amino AcidChelate†††)	30 mg	200%
Selenium (as Selenium Amino Acid Chelate†††)	140 mcg	200%
Copper (as Copper Amino Acid Chelate†††)	4 mg	200%
Manganese (as Manganese Gluconate)	4 mg	200%
Chromium (as ChromiumAminoAcidChellate†††)	120 mcg	100%
Molybdenum (as MolybdenumAminoAcidChelate†††)	75 mcg	100%
Boron (as Boron Amino Acid Chelate)	200 mcg	**
Supporting Nutrient Prime Blend	580 mg	**
Coenzyme Q10	30 mg	**
Glucosamine HCI	500 mg	**
Acetyl L-Carnitine	25 mg	**
Green Tea Extract (leaf) (50% Polyphenols)	10 mg	**
Bilberry Extract (fruit) (25% Anthocyanins)	15 mg	**
UltraGreen® Blend	100 mg	**
Alfalfa Juice (leaf), Barley (grass), Spirulina, Parsley (leaf), Spinach (leaf), Peppermint (leaf), Spearmint (leaf)		
MultiEnzyme Blend Amylase, Papain, Protease, Bromelain, Lipase	100 mg	**
Carotenoid Blend		**
Tomato, Marigold, Palm Oil	75 mg	**
Beta Carotene	1830 mcg	**
Lutein	630 mcg	**
Lycopene	360 mcg	**
Alpha Carotene	120 mcg	**
Cryptoxanthin	24 mcg	**
Zeaxanthin	24 mcg	**
Inositol	5 mg	**
Choline Bitartrate	5 mg	**

**Daily Value Not Established.

Other Ingredients

Gelatin, Silica, Magnesium Stearate.

NO Yeast, Wheat, Corn, Milk, Egg, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives.

Other Information

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL DRY PLACE.

†Ester-C® is a licensed Trademark of Inter-Cal Nutraceuticals. U.S. Patent Nos. 4,822,816, 5,070,085 and 6,197,813. Other USA and foreign patents pending. ††Supplied by Albion Advanced Nutrition. Chelates covered by one or more of the following Albion International, Inc. U.S. Patents 4,599,152, 4,830,716 4,863,898, 5,614,553 and patents pending.

Warning: This product is derived from and/or contains shellfish. Do not take this product is you are pregnant or lactating.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For product questions, please e-mail customer-service@natrol.com,
or contact a Consumer Relations Representative toll free at
800-2-NATROL (800-262-8765)

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