Nature's Way
Trust The Leaf™

DIM-plus

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Description
DIM-plus contains diindolylmethane, a phytonutrient found in cruciferous vegetables including broccoli, brussels sprouts, cabbage, cauliflower and kale. Unlike other plant nutrients such as soy isoflavones, diindolylmethane has unique hormonal benefits. It supports the activity of enzymes that improve estrogen metabolism.

Usage
Scientific research shows diindolylmethane increases the level of "good" estrogens (2-hydroxyestrogen) while reducing the level of "bad" estrogens (16-hydroxyestrogen).* When taken as part of a healthy diet, diindolylmethane can help to: Promote healthy estrogen metabolism.* Relieve PMS symptoms.* Promote fat loss.* Support healthy breast, cervical, uterine and prostate tissues.* The key is to regularly supplement the diet with diindolylmethane in its most bioavailable, "enhanced absorption" delivery form.*

Recommended Daily Dosage
(Women): Take two capsules daily with food. (Men): Take two capsules twice daily with food. For Intensive Use (Women & Men): Take up to double the recommended dose.

The following list is for serving size of 2 Capsules

Primary Ingredients	***Amount***	***USRDA***
BioResponse-DIM complex	100 mg	
Protectamins	100 mg	
Vitamin E (d-alpha tocopheryl succinate)	9 IU	30%

Other Ingredients
Cellulose, Chlorophyll, Gelatin

Sizes & Suggested Retail Price
120 Ct. - $36.99
60 Ct. - $19.99

Where to BUY?

Synergistic Products
EstroSoy
EstroSoy Plus
Femaprin
MygraFew
Perika St. John's Wort
Primadophilus Reuteri™, Capsules

Usage Warnings

A harmless but noticeable change in urine color may occur during usage.

Do not use this product if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.