MSM

Methylsulfonylmethane * 750 mg, 1,000 mg and Powder



enlarge bottle

MSM serves as an important source of bioavailable dietary sulfur, a mineral that plays a critical role in maintaining the integrity and elasticity of connective and other tissues. It is an important component of proteins found throughout the body, such as in hair, nails, skin and tendons. Taking MSM throughout the day helps replenish the body's supply of assimilable sulfur.

Supplement Facts for powder
Serving Size: 1/2 teaspoon

	Amount	%DV
Vitamin C (as ascorbic acid)	650 mg	10.83
MSM (methylsulfonylmethane)	2,600 mg	

Other Ingredients:

Warning: If you are pregnant or breastfeeding, consult your health care professional before using this product.

Suggested Use: 1/2 teaspoon daily, briskly stirred or blended, with 8 oz of water or juice.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives or artificial color, flavor or fragrance.

Supplement Facts for 1,000 mg
Serving Size: 2 tablets

In - Depth Info

PDF **MSM**
Methylsulfonylmethane: Nature?s Source for Dietary Sulfur. Sulfur is an important component of...

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Essential Enzymes™
Bio-Aligned Formula™ * Original and Vegetarian Capsules

AHCC®
Active Hexose Correlated Compound

	Amount	%DV
Vitamin C (as ascorbic acid)	250 mg	4.2
Molybdenum (as molybdenum chelate)	160 mcg	2.1
Methylsulfonylmethane (OptiMSM®)	2 g	

Other Ingredients: sorbitol, stearic acid, modified cellulose gum and magnesium stearate.

Warning: Not for use by pregnant or breastfeeding women.

Suggested Use: 2 to 3 tablets daily.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives or artificial color, flavor or fragrance.

Supplement Facts for 750 mg

Serving Size: 2 tablets

	Amount	%DV
Vitamin C (as ascorbic acid)	250 mg	4.2
Molybdenum (as molybdenum chelate)	120 mcg	1.6
Methylsulfonylmethane (OptiMSM®)	1.5 g	

Other Ingredients: dibasic calcium phosphate, stearic acid, modified cellulose gum, magnesium stearate and colloidal silicon dioxide.

Warning: Not for use by pregnant or breastfeeding women.

Suggested Use: 2 to 4 tablets daily.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives or artificial color, flavor or fragrance.

powder **SN1087 4 oz • SN1088 8 oz • SN1535 16 oz • SN1497 35 oz**
1,000 mg **SN1288 60 tabs • SN1289 120 tabs**
750 mg **SN1079 60 tabs • SN1080 120 tabs • SN1081 240 tabs**


potent immune system support
AHCC