

CoQ10

(100 mg)
*Supports heart health*†

**Dietary Supplement**

**Product Numbers:** 06203 , 06206

**Product Quantities:** 30 Softgel Capsules, 60 Softgel Capsules

Coenzyme Q10 (CoQ10) is clinically proven to support heart health† and is necessary for energy production. CoQ10 is an essential component of the mitochondria-the energy-producing units in the cells of the body. Since heart cells can't function without energy, they can't function without CoQ10. And since each heart cell has more than 2000 mitochondria-the highest concentration anywhere in the body-CoQ10 supplementation is important to meet the heart's high energy needs.

Coenzyme Q10 (CoQ10) is an essential component of the mitochondria, the energy-producing units of the cells. While CoQ10 is synthesized in the body, and in fact, is present in every cell, it is particularly important in muscle tissue—especially the heart.† Supplementing with higher dietary levels of CoQ10 can nutritionally support cardiovascular health.†

**Recommendations:** One softgel capsule three times daily.

| **Serving Size:** 1 Softgel Capsule | **Amount/Serving** | **%DV** |
|---|---|---|
| Calories | 5 | * |
| Coenzyme Q10 (CoQ10) (ubiquinone 10) | 100 mg | * |

*Daily Value (DV) not established.

**Other Ingredients:** soybean oil, gelatin, glycerin, beeswax, and lecithin.

**Contains No:** sugar, salt, yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring and preservatives. This product contains natural ingredients; color variations are normal.

**Notes:** Formula improvement with no added colorants; softgel color is now that of its natural ingredients.

† **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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