Ultimate Sleep System ™

available in 60 & 120 sizes



A comprehensive, melatonin-free approach to promoting restful sleep,* providing an expertly designed, high-potency herbal formula with standardized extracts of California poppy and valerian. California poppy supports relaxed calm, while valerian supports nighttime relaxation and sleep.* Includes additional factors that nutritionally support relaxation, such as magnesium and vitamin B-3.

CONDITION-SPECIFIC REMEDIES

PRODUCT LIST

Supplement Facts
Serving Size 2 Tablets

	Two Tablets Provide	%DV
Niacin:Niacinamide (1:1) (Vitamin B-3)	115 mg	575%
Magnesium (Oxide, Pyroglutamate)	47 mg	12%
Chromium (Amino Nicotinate)	30 mcg	25%
N-Acetyl L-Carnitine (NAC)	10 mg	*
Herbal and Superfood Ingredients		
Valerian [rhizome] (standardized to 0.8% Valerenic Acid)	160 mg	*
California Poppy [whole plant] (standardized to 1.5% Californidin)	40 mg	*
Spirulina	100 mg	*
4:1 Custom Herbal Extracts	788 mg	*
(Equivalent to 3,152 mg of herbal powder) Valerian [rhizome], Passionflower [herb], Hops [strobiles], California Poppy [whole plant], Reishi [fruiting body]		
Essential Oils		
Orange [peel] Oil	8 mg	*
Chinese Valerian [rhizome] Oil	4 mg	*

* Daily Value (DV) not established.

Other ingredients: microcrystalline cellulose, modified cellulose, stearic acid (vegetable), silica, magnesium stearate. Coating: vegetable food glaze.

*This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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