# Flax Seed-Primrose Oil

## ALA and GLA Complex * 1,300 mg



enlarge bottle

Flax Seed-Primrose Oil provides both omega-6 and omega-3 essential fatty acids (EFA's). EFA's act as precursors to molecules, such as prostaglandins, thromboxanes and leukotrienes, which help regulate cellular function. EFA's have been shown to play a role in blood pressure maintenance, immune system balance, sustaining healthy skin and providing nutritional support during women's cycles. Flaxseed oil, a rich vegetable source of alpha linolenic acid (ALA), and evening primrose oil, a natural source of gamma linolenic acid (GLA), provide a potent combination of EFA's.

**Supplement Facts**

Serving Size: 2 softgels

| | Amount | %DV |
|---|---|---|
| Flaxseed/Primrose Oil Complex | 2,600 mg | |
| (Organic Flaxseed Oil 1,600 mg; Evening | | |
| Primrose Seed Oil 1,000 mg) | | |
| Yielding: | | |
| Omega-6 Fatty Acid (as linoleic acid | | |
| 955-1,015 mg and gamma linolenic acid | | |
| 95-105 mg) | | |
| Omega-3 Fatty Acid (as alpha linolenic acid | | |
| 880-960 mg). | | |

Related Symptoms

Menopause

Women's Issues

Those interested in this product also viewed



Life Force™ Multiple
Bio-Aligned Formula™ * Daily Energy Booster * Capsules and Tablets



Wellness Formula®
Bio-Aligned Formula™ * Capsules and Tablets



Essential Enzymes™
Bio-Aligned Formula™ * Original and Vegetarian Capsules



Skin Eternal™
(formerly Skin Renew™)



Coral Calcium
600 mg and 1,200 mg Tablets * Powder * Capsules

**Other Ingredients:** gelatin (capsule), glycerine and purified water.

**Warning:** If you are pregnant or breastfeeding, consult your health care professional before using this product.

**Suggested Use:** 1 to 2 softgels, twice daily with meals.

HYPOALLERGENIC. Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**SN1141 45 sg • SN1142 90 sg • SN1143 180 sg**



