previous next

Mood, Sleep, and Nerve Group



Item # A10060

Kava Kava

60 Liquid-filled Capsules • 100% Vegetarian • Amount Per 3 Capsules

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Kava Kava rhizome (*Piper methysticum*)	409 mg

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

55% Total Kavalactones (from Kava Kava)	225 mg

Other ingredients: Lecithin, vegetable glycerin, vegetable cellulose (capsule).

RECOMMENDATIONS:

Take 1 capsule with a small amount of warm water 3 times daily between meals or as directed by your health care provider.



Item # A18060

Phyto-Prōz Supreme

60 Liquid-filled Capsules • 100% Vegetarian • Amount Per 3 Capsules

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

St. John's Wort flower bud (*Hypericum perforatum*)	105 mg
Kava Kava rhizome (*Piper methysticum*)	103 mg
Schizandra berry (*Schizandra chinensis*)	90 mg
Siberian Ginseng root (*Eleutherococcus senticosus*)	45 mg
Passionflower vine (*Passiflora incarnata*)	27 mg
Wild Oats milky seed (*Avena sativa*)	21 mg
Gotu Kola herb (*Centella asiatica*)	18 mg
Prickly Ash bark (*Xanthoxylum clava-herculis*)	9 mg
Nettle seed (*Urtica dioica*)	6 mg
Calamus root (*Acorus calamus*)	3 mg

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

0.5% Hypericins (from St. John's Wort)	0.525 mg
55% Kavalactones (from Kava Kava)	57 mg

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

RECOMMENDATIONS:

Take 1 capsule with a small amount of warm water 3 times daily between meals or as directed by your health care provider.





Item # A23060

Serenity

60 Liquid-filled Capsules • 100% Vegetarian • Amount Per 3 Capsules

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Skullcap herb (*Scutellaria lateriflora*)	60 mg
Passionflower vine (*Passiflora incarnata*)	60 mg
Kava Kava rhizome (*Piper methysticum*)	60 mg
Chamomile flowers (*Matricaria recutita*)	45 mg
Wild Oat milky seed (*Avena sativa*)	27 mg
Hops Strobile (*Humulus lupulus*)	24 mg
Mugwort herb (*Artemesia vulgaris*)	15 mg
Peppermint leaf (*Mentha piperita*)	9 mg

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

RECOMMENDATIONS:

Take 1 capsule with a small amount of warm water 3 times daily between meals or as directed by your health care provider.



Item # A25060

Sound Sleep

60 Liquid-filled Capsules • 100% Vegetarian • Amount Per 3 Capsules

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

Valerian root (*Valeriana off.*)	150 mg
GABA (Gamma aminobutyric acid)	106 mg
L-Glycine	106 mg
Kava Kava root & rhizome (*Piper methysticum*)	26 mg
Passionflower vine (*Passiflora incarnata*)	18 mg
California Poppy (*Eschscholzia californica*)	16 mg
Skullcap herb (*Scutellaria lateriflora*)	12 mg
Hops Strobile (*Humulus lupulus*)	12 mg

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

RECOMMENDATIONS:

Take 2 capsules with a small amount of warm water 1 hour before bed or as directed by your health care provider.

Item # A22060

St. John's Wort

60 Liquid-filled Capsules • 100% Vegetarian • Amount Per 3 Capsules

ALCOHOL FREE CONCENTRATED EXTRACTS OF:

St. John's Wort flower buds (Hypericum perforatum)	540 mg

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

0.5% Hypericins	2.7 mg

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

RECOMMENDATIONS:

Take 1 capsule with a small amount of warm water 3 times daily between meals or as directed by your health care provider.

Item # A26060

Valerian Root

60 Liquid-filled Capsules • 100% Vegetarian • Amount Per 2 Capsules

ALCOHOL FREE CONCENTRATED EXTRACT OF:

Valerian root (*Valeriana off.*)	200 mg

STANDARDIZED TO FULL SPECTRUM ACTIVITY PROFILE

0.9% Valerenic acid (from Valerian)	1.8 mg

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

RECOMMENDATIONS:

Take 2 capsules with a small amount of warm water 1 hour before bed time or as directed by your health care provider.



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