Respiratonic™ (Osha/Pleurisy Root Complex). Relieves chest colds, lung congestion, acute bronchitis and pleurisy. All-purpose expectorant that loosens mucus, dilates the bronchioles and stimulates general resistance. Decreases excessive heat in the lungs, eases pain of coughing and liquefies mucus.
Ingredients: Echinacea, Osha, Licorice, Yerba Mansa, Yerba Santa, Pleurisy Root, Grindelia, Ginger.
Dose: Take 10-25 drops or one softgel every two to three hours.
Contraindications: Not in pregnancy.