Supplements



Cookies & Cream SPIRU-TEIN® Shake

Product No. 45887

Sinfully delicious and rich creamy flavor, new Cookies and Cream SPIRU-TEIN® captures all the old-time goodness of the corner ice cream parlor. As delicious as this new flavor is, it doesn't sacrifice the high standards that have made SPIRU-TEIN® the best selling meal replacement shake in the health food industry, outselling the next four leading competitors combined. Each serving of SPIRU-TEIN® is a high protein, energy meal, providing 14 grams of the finest isolated soy protein available. Each delicious flavor has been meticulously engineered to provide a broad range of minerals and an incredible 100% of the Daily Value of all vitamins.

1.15 lbs. (525g) Cans #45887
2.3 lbs. (1050g) #45888 Cans
1.2 oz. (35g) Single Serving Packet #95888

Nutrition Facts

Serving Size 1 Scoop (34 g)

Ingredient	Amount	% Daily Value
Calories	120	
Calories From Fat	5	
Total Fat	0.5 g	1 %
Saturated Fat	0 g	0 %
Cholesterol	0 mg	0 %
Sodium	150 mg	6 %
Potassium	190 mg	5 %
Total Carbohydrate	15 g	5 %
Dietary Fiber	2 g	8 %
Sugars	10 g	
Other Carbohydrate	3 g	
Protein	14 g	28 %
Vitamin A	5000 IU	100 %
Vitamin C	60 mg	100 %
Calcium	300 mg	30 %
Iron	4.5 mg	25 %
Vitamin D	400 IU	100 %
Vitamin E	30 IU	100 %
Thiamin	1.5 mg	100 %
Riboflavin	1.7 mg	100 %
Niacin	20 mg	100 %
Vitamin B6	2 mg	100 %
Folic Acid	400 mcg	100 %
Vitamin B12	6 mcg	100 %
Biotin	300 mcg	100 %
Pantothenic Acid	10 mg	100 %

New For You!



SKINNY MINI" Double Chocolate Fudge Crunch Shake A breakthrough weight-loss product that delivers energizing, diet-enhancing nutrition while satisfying dieters deepest cravings for rich, decadent chocolate taste.



Ultra Rx-Joint® Liquid Newly improved Ultra Rx-Joint Liquid. Enhanced absorption; rare earth trace elements, for even greater joint support; and an incredibly delicious, all-natural, honey-lemon flavor! 8-Ounce Travel Size provides a whole new dimension of freedom and convenience.

Phosphorus	200 mg	20 %
Iodine	150 mcg	100 %
Magnesium	80 mg	20 %
Zinc	15 mg	100 %
Selenium	21 mcg	30 %
Manganese	5 mg	250 %
Chromium	18 mcg	15 %
Molybdenum	20 mcg	25 %

Each Serving Of **Cookies & Cream SPIRU-TEIN® Shake** Also Contains:

Inositol	50 mg
Choline (as bitartrate)	21 mg

Ingredients:
Non-GMO isolated soy protein, fructose, cocoa cookie crumbs (enriched wheat flour [reduced iron, thiamine mononitrate, riboflavin, folic acid], fructose, vegetable oil, cocoa, baking soda, salt, soy lecithin, vanilla), natural vanilla flavor, BeFlora™ (proprietary sweet fiber from FOS and soy extract), calcium phosphate, guar gum, psyllium, natural cream flavor, potassium citrate, magnesium oxide, oat bran, microcrystalline cellulose, spirulina, vitamin C, vitamin E acetate, choline bitartrate, inositol, apple pectin, bee pollen, niacinamide, vitamin A palmitate, zinc oxide, manganese sulfate, ferrous fumarate, calcium pantothenate, lecithin, lemon bioflavonoids, papaya, bromelain, chlorophyll, pyridoxine HCl, riboflavin, thiamine HCl, vitamin B12, vitamin D, folic acid, biotin, potassium iodide, chromium chloride, sodium selenite, sodium molybdate

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