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Printable Format

Soybeans Dry-Roasted and Salted - 24 oz. - Non-GE



PRODUCT #: 6782
UPC: 733739067821
SRP: $4.49
Where to Buy
Add a Comment

Dry Roasted and Salted Soybeans are a tasty and nutritious treat. They are high in protein and magnesium and low in saturated fat. Dry roasted soybeans have a satisfying crunch similar to dry roasted peanuts.

NOW dry roasted soybeans are manufactured using a proprietary chemical-free process. These soy nuts are dried to contain only 2% moisture to eliminate the problem of rancidity.

NOW Soybeans are also one of the richest natural sources of isoflavones (0.2%) including: genistein, glycitein and daidzen. A serving size of 30 grams will naturally contain about 60 mg of total isoflavones.

Product FAQ's
Organic Products List

Nutrition Info

Servings Per Container: 22
Serving Size: 1/3 cup

	Amount Per Serving	% Daily Value
Calories	150	
Calories from fat	60	
Total Fat	6 g	10%
Sat Fat	1.5 g	8%
Cholesterol	0 mg	0%
Sodium	80 mg	3%
Total Carbohydrate	6 g	2%
Dietary Fiber	4 g	16%
Sugar	1 g	
Protein	14 g	
Vitamin A		0%
Calcium		6%
Magnesium		15%
Vitamin C		0%
Iron		8%
Zinc		10%

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

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Serving Size: 1/3 cup

Servings per container: 22

Other Ingredients: Dry roasted soybeans, high oleic sunflower oil and salt.

Warnings: None

Disclaimers: None

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