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Vitamin B-50 Caps - 100 Caps



One of our most popular B-complex formulas, NOW B-50 Capsules offer a well-balanced blend of key B vitamins in combination with other nutritional factors for enhanced synergism. Designed specifically to provide the body with the potencies essential for sound health, each capsule delivers a comprehensive supply of the B family in one easy to take formula.*

PRODUCT #: 0420
UPC: 733739004208
SRP: $8.99
Where to Buy
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Nutrition Info

Servings Per Container: 100
Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B-12 (Cyanocobalamin)	50 mcg	833%
Folate (Folic Acid)	400 mcg	100%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2500%
Niacin (as Niacinimide)	50 mg	250%
Riboflavin (Vitamin B-2)	50 mg	2941%
Thiamine (as Thiamine HCl) (Vitamin B-1)	50 mg	3333%
Biotin	50 mcg	17%
Pantothenic Acid	50 mg	500%
Paba	50 mg	†
Choline (as Choline Bitartrate)	50 mg	†
Inositol	50 mg	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

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12.24.04 -- Avoiding Heavy Metals in Herbs
By Neil E. Levin, CCN, DANLA Nutrition Educator for NOW Foods Bloomingdale, Illinois A report published in the medical journal JAMA this week has triggered scary

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Serving Size: 1 Capsule

Suggested Use: As a dietary supplement, take one capsule daily, preferably with meals.

Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, additives.

Other Ingredients: Gelatin (capsule), Magnesium Stearate and Silica.

Warning: Please discard the inedible freshness packet enclosed.

Disclaimer: *This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Natural color variations may occur in this product.

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