Melatonin

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Melatonin NutraSpray™

Timed-Release Super Sublingual™ * Orange

Melatonin is a neurohormone produced in humans by the pineal gland. A favorite of travelers, it governs the body's circadian rhythms. Melatonin is also a potent antioxidant.



enlarge bottle

Supplement Facts

Serving Size: 1 spray

	Amount	%DV
Melatonin	1.5 mg	†

Other Ingredients: purified water, vegetable glycerine, phospholipid (soy lecithin), natural orange oil, mixed tocopherols (vitamin E), stevia extract, glyceryl monolaurate, methylparaben (0.1%), potassium sorbate (0.1%), xanthan gum, citric acid, and beta carotene.

Warning: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or pregnant or breastfeeding women. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as cortisone or prednisone, consult with your physician before taking this product.

Suggested Use: 1 to 3 sprays before bedtime. Each spray delivers approx. 1.5 mg of melatonin. Spray liquid under the tongue, allow to remain for 30 seconds and swish before swallowing. Do not take more than 3 full sprays unless recommended by your physician.

In - Depth Info

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A quick spritz of NUTRASPRAY under the tongue delivers thousands of microscopic lipid spheres,...

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Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, corn or wheat. Contains no starch, salt, preservatives or artificial color, flavor, or fragrance.

SN0328 2 oz

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