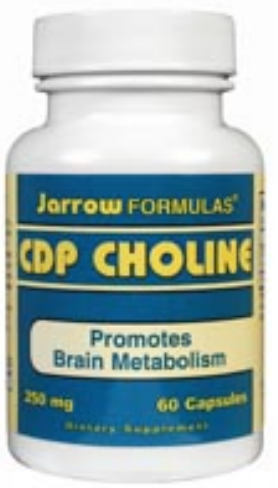
Alpha GPC
CDP Choline
Cogni-Flex
Cox2Tame
Max DHA
Glucose Optimizer
Lutein
MiBrain
Neuro Defense
Neuro Optimizer
Prostate Optimize
Theanine
Vinpocetine

# CDP Choline




Promotes Brain Metabolism
60 Capsules
250 mg
Prod # 20012

**USAGE**: Take 1 to 2 capsules daily with food, or as directed by your qualified health consultant.

Citicoline [stabilized CDPCholine (cytidine 5'diphosphocholine)] is a naturally occurring, water soluble biological compound that is an essential intermediate for the synthesis of phosphatidylcholine, a major constituent of the grey matter of brain tissue (30%). Citicoline is metabolized to yield the free nucleotide cytidine and choline. Scientific research demonstrates that Citicoline consumption promotes brain metabolism by enhancing the synthesis of acetylcholine, restoring phospholipid content in the brain and regulation of neuronal membrane excitability and osmolarity (by its effect on the ATP-dependent sodium and potassium pump).
Keep out of the reach of children.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

## SUPPLEMENT FACTS

| Serving Size 1 Capsule | Amount | % DV |
|---|---|---|
| Citicoline (from stabilized cytidine 5'diphosphocholine) | 250 mg | * |

* Daily Value not established.

Other ingredients: Rice powder and magnesium stearate.

Capsule consists of gelatin.

Contains no common allergen.

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