Alpha GPC
CDP Choline
Cogni-Flex
Cox2Tame
Max DHA
Glucose Optimizer
Lutein
MiBrain
Neuro Defense
Neuro Optimizer
Prostate Optimize
Theanine
Vinpocetine

Neuro Optimizer™



Promotes Brain Metabolism
120 Capsules
Prod # 56001

USAGE: Take 4 capsules per day, with juice or water, between meals or as directed by your qualified health consultant.

Neuro-Optimizer™ is nutrition for the brain, combining CDP Choline (cytidine 5'-diphoscholine, also known as Citicoline), Phosphatidylserine, Alpha Lipoic Acid, Acetyl L-Carnitine, L-Glutamine and Taurine to enhance brain metabolism and antioxidant protection.

Citicoline (CDP-Choline) is a naturally occurring, water-soluble biological compound that is an essential intermediate for the synthesis of phosphatidylcholine, a major constituent of the gray matter of brain tissue (30%). Citicoline promotes brain metabolism by enhancing the synthesis of acetylcholine and restoring phospholipid content in the brain.

PS (Phosphatidylserine) supports the brain's physiological processing of stress and promotes neuronal communication by its effect on cell membrane fluidity. The antioxidants Acetyl L-Carnitine, Alpha Lipoic Acid and Taurine provide protection for the neuronsfrom damage caused by certain free radicals. Acetyl L-Carnitine,Alpha Lipoic Acid and L-Glutamine also support energy utilizationby their effects on fatty acid metabolism, oxidative decarboxylationand gluconeogenesis. Taurine also aids in osmoregulation (maintenance of proper

concentrations of ions) inside the cell.

Neuro-Optimizer™ is a safe, natural way to enhance brain metabolism and cognition without the use of stimulants.

Keep out of the reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUPPLEMENT FACTS

Serving Size 4 Capsules	Amount	% DV
Cytidine 5'-diphoscholine (CDP Choline)	300 mg	*
Phosphatidylserine (PS)	100 mg	*
Acetyl L-Carnitine	500 mg	*
L-Glutamine	500 mg	*
Alpha Lipoic Acid	50 mg	*
Taurine	500 mg	*
Phosphatidylcholine	135 mg	*

* Daily Value not established.

Other Ingredients: Silicon dioxide and magnesium stearate. Capsule consists of gelatin.

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