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St. John's Wort 300 mg - 250 Caps



Mood imbalances, even in the most modest sense, can keep us from functioning at our best. St. John's Wort, a perennial extract that blooms from June to September has been shown to help balance mood, encourage feelings of calmness, and even support healthy sleeping patterns. Hypercin, one of the active pigments in St. John's Wort has the ability to naturally support our brain's serotonin production. As a result, it may be beneficial in providing the balance needed to maintain a positive mood naturally without side effects.*

PRODUCT #: 4761
UPC: 733739047618
SRP: $23.95
Where to Buy
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Nutrition Info

Serving Size: 1 capsule
Servings Per Container: 250

	Amount Per Serving	% Daily Value
St. John's Wort Extract (*Hypericum perforatum*) (aerial part with flowers) (standardized to contain 0.3% hypericin)	300 mg	*

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

Serving Size: 1 capsule

Suggested Use: As an herbal dietary supplement take 1 capsule 3 times daily, preferably with meals. Do not exceed 3 capsules daily, unless directed by a health care professional. Larger amounts may contribute to photosensitizing reactions (skin reddening).

Free of: sugar, salt, soy, yeast, wheat, gluten, corn, milk, preservatives

Other Ingredients: White rice flour, magnesium stearate, silica.

Warnings: If you are presently taking MAO-inhibitors or other antidepressant medications, consult your health care professional prior to use. Caution: Please discard the inedible freshness packet enclosed.

Disclaimers: *This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Natural color variations may occur in this product.

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Leaves of Tea, Tea Chest



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