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Magnesium Citrate 200 mg - 250 Tabs



PRODUCT #: 1292
UPC: 733739012920
SRP: $14.99
Where to Buy
Add a Comment

While this macro-mineral is easily obtained from many foods, magnesium deficiencies are extremely common for many Americans. Alcohol consumption, the presence of fluoride, and the consumption of certain foods either increase our need for magnesium, or decrease its absorption. Magnesium is not only one of the key nutrients required in both calcium utilization and protein synthesis, but it also plays a tremendous role in virtually every enzymatic reaction in our body. NOW Magnesium Citrate Vcaps® are fast acting, safe and ideal for anyone who has their sights set on attaining optimal levels of this vital nutrient.*

Nutrition Info

Serving Size: 2 Tablets
Servings Per Container: 125

	Amount Per Serving	% Daily Value
Magnesium (as Magnesium Citrate)	400 mg	100%

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

Serving Size: 2 Tablets

Suggested Use: As a dietary supplement, take two tablets daily, preferably with meals

Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.

Other Ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source) and Vegetable Coating. Vegetarian Formula.

Warnings: Caution: Please discard the inedible freshness packet enclosed.

Disclaimers: *This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Magnesium Citrate is more easily digested and better absorbed than other forms of magnesium.

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