Athletic Series

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Pyruva-Creatine™

Drink Mix * Tropical Punch



enlarge bottle

Pyruvate plays a vital role in metabolism and the energy production process. Pyruvate is the critical link between the cell's two main energy-generating cycles, the sugar-burning glycolytic cycle and the Krebs cycle, which converts fats, carbohydrates and proteins into energy. Creatine monohydrate is converted in muscle tissue to creatine phosphate, which helps recycle ATP for energy production in muscle cells. Together, these two dynamic ingredients help power the energy production processes in the body.

Supplement Facts

Serving Size: 2 scoops

	Amount	%DV
Calcium (as calcium pyruvate)	427 mg	0.45
Potassium (as potassium pyruvate)	90 mg	0.04
Creatine Monohydrate	10 g	†
Pyruvate (from 3 g of calcium and potassium pyruvate)	2 g	†

Other Ingredients: fructose, natural flavorings, acacia, xanthan and guar gums, and red beet root (natural color).

Warning: If you are pregnant or breastfeeding, or diabetic, consult your health care professional before using this product.

Suggested Use: Briskly stir 2 rounded scoops of Pyruva-Creatine in 8 to 12 ounces of water and drink immediately. One-Week Muscle-Loading Program: 2 scoops twice daily for the first five days. Thereafter, one scoop daily, as a part of your daily workout program. NOTE: Drink at least 8 to 12 glasses of water daily while taking this product. Take this product for 10 to 12 weeks, and cycle

Related Symptoms

Sports & Fitness

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AHCC®
Active Hexose Correlated Compound



Coral Calcium
600 mg and 1,200 mg Tablets * Powder * Capsules

off for 3 to 4 weeks.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy, wheat, salt, preservatives, or artificial color, flavor or fragrance.

SN1085 14 oz

