How to Print

Trust The Leaf™

St. John's Wort

Latin Name
Hypericum perforatum

Description
This product is a St. John's Wort extract standardized to .3% Hypericin, then synergistically blended with the whole St. John's Wort herb in the perfect balance to ensure consistent hypericin content in each capsule.

Usage
St. John's Wort promotes a positive mood. Extracts of St. John's Wort have been proven in many European clinical studies, to have antidepressant effects, and is widely used for this reason.*

Recommended Daily Dosage
Take one to two capsules daily with water between mealtimes or prepared as a tea. For maximum benefits use for a minimum of two months.



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The following list is for serving size of 2 capsules

Primary Ingredients	***Amount***	***USRDA***
St John's Wort (stem, leaf, flower)	600 mg	0%
St. John's Wort, dried extract .3% dianthrones measures as Hypericin	300 mg	0%

Other Ingredients
Gelatin, Magnesium Stearate, Millet

Sizes & Suggested Retail Price
100 capsules - $14.49
180 capsules - $21.99

Where to BUY?

Synergistic Products
Korean White Ginseng
Mood Aid Formula
Perika St. John's Wort
Scullcap

Usage Warnings

If using a prescription antidepressant, consult a physician before taking this product.

Limit exposure to the sun since the skin may become photo sensitive and sunburn easily after several days of usage. It is recommended that continuous treatment (longer than two consecutive months) be avoided without a two to three week rest period.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.