How to Print

Trust The Leaf™

Artichoke, Extract

Latin Name
Cynara scolymus

Description
Artichoke has been used medicinally since the beginning of the 20th century to improve digestion. Historically, used as a tea, Artichoke is now preferred in the form of standardized extracts for consistent, more predictable results. Research on standardized Artichoke extract has focused on the constituent, caffeoylquinic acid and its ability to increase bile production in the liver. An increase in bile production assists the body in blood fat metabolism, which assists the digestion process.

Usage
Artichoke is very popular in Europe for treating digestive complaints. It has been used medicinally since the beginning of the 20th century to improve digestion.*

Recommended Daily Dosage
Take two capsules two times daily with water at mealtimes.



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The following list is for serving size of 2 capsules

Primary Ingredients	***Amount***	***USRDA***
Artichoke, dried extract	600 mg	0%
Milk Thistle, seed	300 mg	0%

Other Ingredients
Gelatin, Magnesium Stearate, Maltodextrin, Silica

Sizes & Suggested Retail Price
60 capsules - $9.99

Where to BUY?

Synergistic Products
Burdock
Dandelion
Digestion Formula
Red Clover Combination
Thisilyn™

Additional Information

Each capsule contains 300 mg of artichoke extract, standardized to 5% caffeoylquinic acid (15 mg).

Usage Warnings

Persons with known obstruction of bile ducts and gallstones should consult a healthcare professional before taking this product.

Not recommended for pregnant or lactating women.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.