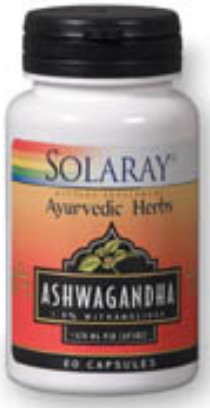
Product Information

Ashwagandha Root Extract



SOLARAY®
DIETARY SUPPLEMENT

Description:	The pharmacological activity of ashwagandha is thought to be most concentrated in the withanolides, and this product is guaranteed to contain 1.5% withanolides.
Item#:	39902
Size:	60ct 470mg
Suggested Retail Price:	$18.99
Directions:	As a dietary supplement, take one capsule one to two times a day with a meal or a glass of water.
Serving Size:	1 Capsule 60 Servings per container

Ingredients:	**Amount per serving:**	**% Daily Value: +**
Ashwagandha (Withania somnitfera) (root extract) (Guaranteed 7 mg [1.5%] withanolides)	470 mg	~

Key to Ingredients:
~ = Daily Value not established.
+ = Percent Daily Value is based on a 2,000 calorie diet.
† = Values differ depending on age
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Other Ingredients:	Gelatin (capsule), Dicalcium Phosphate and Magnesium Stearate

Other:	See product label for more information.

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