Allertonic® (Stinging Nettle/Eyebright Complex). A formula used in cases of allergies that manifest as eczema, hay fever, hives, asthma, skin rash, sinusitis, headaches, allergic rhinitis, chronic bronchitis, itchy eyes, sneezing, inflammation of the mouth, stomach and/or intestines, diarrhea and, in some cases, arthritis. Prevents the release of inflammatory substances and reduces excessive body defense reactions.
Ingredients: Fresh Stinging Nettle, Licorice, Eyebright, Horehound, Osha, Horsetail, Mullein, Elecampane, Plantain.
Dose: Take 20-40 drops or one softgel three to five times a day. This formula may be slow acting for some individuals. Take for a minimum of two weeks. If results are positive, continue for three to six months.