Product Information

Iron Complex Plus™



Description:	Iron Complex Plus, sustained release, with herb & vegetable support base, dietary supplement. • Chelated Minerals!
Item#:	74235
Size:	100ct
Suggested Retail Price:	$8.49
Directions:	As a dietary supplement, take 1 tablet up to twice daily with a meal or a glass of water.
Serving Size:	1 Tablet 100 Servings per container

Ingredients:	Amount per serving:	% Daily Value: +
Biotin	50 mcg	17%
Niacin (as Niacinamide)	20 mg	100%
Bone Meal	10 mg	~
Herb & Vegetable Support Base: (Parsley, Yellow Dock, Spinach, Devil's Claw, Broccoli, Red Raspberry Leaves)	150 mg	~
Freeze-Dried Liver (defatted)	50 mg	~
Copper (as Copper Amino Acid Chelate),	50 mcg	3%
Manganese (as Manganese Amino Acid Chelate)	250 mcg	13%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%

Thiamin (as Thiamine HCl) (B-1)	9 mg	600%
Vitamin B-6 (as Pyridoxine HCl)	10 mg	500%
Riboflavin (B-2)	8 mg	470%
Pantothenic Acid (as Calcium d-Pantothenate)	20 mg	200%
Iron (as Iron Amino Acid Chelate)	25 mg	139%
Iodine (from Kelp)	150 mcg	100%
Folat (asvFolic Acid)	400 mcg	100%
Vitamin C (as Ascorbic Acid)	60 mg	100%

Key to Ingredients:
~ = Daily Value not established.
+ = Percent Daily Value is based on a 2,000 calorie diet.
† = Values differ depending on age
‡ = Values differ depending on age

Other Ingredients:	Cellulose, stearic acid, silica, magnesium stearate
Other:	See product label for more information.

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