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Nature's Way
Trust The Leaf™

Mood Aid Formula

Description
Mood Aid formula represents a blend of traditional medicine and recent science. With key ingredients 5-HTP and St. John's Wort.

Usage
Mood Aid uses St. John's Wort, to promote a positive mood. 5-HTP, the precursor of seratonin- a mood regulating neurotransmitter produced by the body. B- Vitamins, essential co-factors to the central nervous system for the production of seratonin, and Korean Ginseng, to enhance mental vitality and physical endurance.*

Recommended Daily Dosage
Take one capsule three times daily preferably with food.



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The following list is for serving size of 1 capsule

Primary Ingredients	***Amount***	***USRDA***
Korean Ginseng, dried extract	33.3 mg	0%
L-5 Hydroxytryptophan (griffonia bean extract)	3.33 mg	0%
Niacin, vitamin B-3	3.33 mg	17%
Riboflavin, vitamin B-2	284 mcg	17%
Scullcap Herb	100 mg	0%
St. John's Wort, dried extract .3% dianthrones measures as Hypericin	300 mg	0%
Thiamine, vitamin B-1	350 mcg	17%
Vitamin B-12, cyanacobalamin	1 mcg	17%
Vitamin B-6 (as pyridoxine HCl)	330 mcg	17%

Other Ingredients
Gelatin, Magnesium Stearate, Millet

Sizes & Suggested Retail Price
60 capsules - $13.99



Synergistic Products
Ex-Stress Formula
Perika St. John's Wort
St. John's Wort
Vitamin B-Stress

Usage Warnings
Avoid prolonged exposure to the sun since skin may become photosensitive.

Not recommended for pregnant or lactating women.

If using a prescription antidepressant consult a physician before taking this product.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.