Where to buy

Product Information



Item	**My Favorite Multiple® PreNatal Care Multivitamin**
Size/Form	90 Tablets
SKU Number	3004
Recommended Daily Dosage	Take 3 tablets daily with a meal.

•*For Pregnant & Lactating Women*

•*With Folic Acid & Ester-C®*

SUPPLEMENT FACTS

Serving Size: 3 Tablets
Servings Per Container: 30

Ingredient	Amt Per Serving	% Daily Value
Vitamin A (as Vitamin A Palmitate and 50% Beta Carotene [d-Salina])	8000 IU	100%
Vitamin C (as Calcium Ascorbate^)	60 mg	100%
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Succinate)	60 IU	200%
Vitamin K	25 mcg	**
Thiamin (Vitamin B-1) (as Thiamin HCl)	4.5 mg	265%
Riboflavin (Vitamin B-2)	5 mg	250%
Pantothenic acids (as D-Calcium Pantothenate)	10 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine (HCl)	6 mg	240%
Folic Acid	800 mcg	100%
Vitamin B-12 (as Cobalamin)	18 mcg	225%

Biotin	300 mcg	100%
Calcium (as Calcium Citrate, Ascorbate^, d-Calcium Pantothenate)	256 mg	20%
Iron (as Amino Acid Chelate^^)	18 mg	100%
Iodine (from Kelp)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	22%
Zinc (as Zinc Gluconate)	15 mg	100%
Selenium (as I-Selenomethionine)	70 mcg	**
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	**
Chromium (as Chromium Picolinate)	120 mcg	**
Potassium (as Potassium Aspartate)	99 mg	**
Choline (as Choline Bitartrate)	50 mg	**
Betaine (as Betaine HCI)	50 mg	**
Inositol	25 mg	**
**Daily Value Not Established.		

Other Ingredients

Cellulose, Stearic Acid, Cellulose Gum, Silica, Magnesium Stearate, Methylcellulose and Glycerine.

NO Yeast, Wheat, Corn, Milk, Egg, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives.

Other Information

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

^Ester-C® Brand (Ester-C is a licensed trademark of Inter-Cal Corp.) Manufactured under U.S. Patent No. 4,822,816; 5,070,085, and 6,197,813. OTher USA and Foreign patents pending.

^^Supplied by Albion Advanced Nutrition. Chelate covered by Albion International, Inc. U.S. Patents 4,599,152 and 4,830,716.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For product questions, please e-mail customer-service@natrol.com,
or contact a Consumer Relations Representative toll free at
800-2-NATROL (800-262-8765)

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