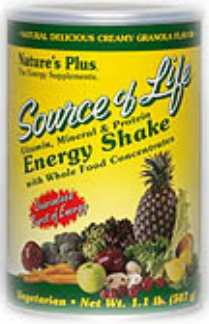
# Supplements

## Source of Life® Energy Shake

Product No. 30595




The powerful, energy-giving ingredients of Source of Life® have been expanded to include high quality soy protein. As with Source of Life® Tablets, you will experience a "Burst of Energy." Source of Life® has a perfect blend of vitamins, minerals, lipids, Bioflavonoids, enzymes, plant pigments, amino acids, nucleic acids and herbs. Whole brown rice, spirulina, bee pollen, young barley leaves, sunflower oil, carrots and black currant seeds are other ingredients which offer the most health-giving, life-supporting nutrients. All these have been ingeniously combined in this formula to create powerful, synergistic effects that will result in a "Burst of Energy" you'll want to experience every day!

**1.1 lb. (507g) Cans #30595**
**2.2 lbs. (1014g) Cans #30596**
**Single Serving Packets (39g) #30597**

## Nutrition Facts

**Serving Size 2 Scoops (39 g)**

| Ingredient | Amount | % Daily Value |
|---|---|---|
| **Calories** | 116 | |
| Calories From Fat | 0 | |
| **Total Fat** | 0 g | 0 % |
| Saturated Fat | 0 g | 0 % |
| **Cholesterol** | 0 mg | 0 % |
| **Sodium** | 70 mg | 3 % |
| **Potassium** | 50 mg | 1 % |
| **Total Carbohydrate** | 16 mg | 5 % |
| Dietary Fiber | 1 g | 4 % |
| Sugars | 10 g | |
| Other Carbohydrate | 5 g | |
| **Protein** | 13 g | 26 % |
| Vitamin A | 10000 IU | 200 % |
| Vitamin C | 1000 mg | 1,665 % |
| Calcium | 200 mg | 20 % |
| Iron | 4.5 mg | 25 % |
| Vitamin D | 400 IU | 100 % |
| Vitamin E | 200 IU | 665 % |
| Thiamin | 25 mg | 1,665 % |
| Riboflavin | 25 mg | 1,470 % |
| Niacin | 40 mg | 200 % |
| Vitamin B6 | 25 mg | 1,250 % |
| Folic Acid | 400 mcg | 100 % |
| Vitamin B12 | 200 mcg | 3,330 % |
| Biotin | 105 mcg | 35 % |
| Pantothenic Acid | 60 mg | 600 % |
| Iodine | 150 mcg | 100 % |
| Magnesium | 100 mg | 25 % |

**New For You!**




**SKINNY MINI" Double Chocolate Fudge Crunch Shake** A breakthrough weight-loss product that delivers energizing, diet-enhancing nutrition while satisfying dieters deepest cravings for rich, decadent chocolate taste.



**Ultra Rx-Joint® Liquid** Newly improved Ultra Rx-Joint Liquid. Enhanced absorption; rare earth trace elements, for even greater joint support; and an incredibly delicious, all-natural, honey-lemon flavor! 8-Ounce Travel Size provides a whole new dimension of freedom and convenience.

| | | |
|---|---|---|
| Zinc | 15 mg | 100 % |
| Selenium | 24.5 mcg | 35 % |
| Copper | 0.5 mg | 25 % |
| Manganese | 4 mg | 200 % |
| Chromium | 18 mcg | 15 % |

Each Serving Of **Source of Life® Energy Shake** Also Contains:

| | |
|---|---|
| **BIOFLAVONOIDS** | |
| Lemon Bioflavonoid Complex (citrus) (active flavonols, flavonones, flavones & naringen - 44%) | 60 mg |
| Quercetin (*Saphora japonica*) | 30 mg |
| Rutin (*Saphora japonica*) | 25 mg |
| Hesperidin (citrus) | 10 mg |
| Eriocitrin (citrus) | 3 mg |
| **NUCLEIC ACIDS (source: spirulina)** | |
| RNA (ribonucleic acid) | 21 mg |
| DNA (deoxyribonucleic acid) | 6 mg |
| **ENZYMES** | |
| Bromelain (pineapple) (24 gelatin digesting units) | 40 mg |
| Papain (papaya) | 30 mg |
| Betaine HCl (beet molasses) | 25 mg |
| Apple Pectin | 25 mg |
| Amylase (brown rice fermentation) | 5 mg |
| Lipase (brown rice fermentation) | 5 mg |
| **LIPIDS** | |
| Black Currant Seed (with GLA) | 50 mg |
| Sunflower Oil, supplying | |
| *Linoleic Acid* | 54.1 mg |
| *Oleic Acid* | 9.3 mg |
| *Palmitic Acid* | 4.4 mg |
| *Stearic Acid* | 2.2 mg |
| **PLANT PIGMENTS** | |
| Chlorophyll | 7.5 mg |
| Carotenoids | 4 mg |
| **HIGHLY ACTIVE NUTRIENT BASE** | |
| Spirulina (rich in naturally occurring amino acids) | 1000 mg |
| Bee Pollen (Spanish) | 100 mg |
| Ginseng (Korean) | 50 mg |
| Choline (bitartrate) | 30 mg |
| Inositol | 30 mg |
| PABA (para-aminobenzoic acid) | 15 mg |
| Octacosanol (wheat-free) | 200 mcg |
| **HERBAL BASE** | |
| Astragalus Root, Ligustrum Berry, Schisandra Fruit, Young Barley Leaf, Echinacea Root, Irish Moss and Thyme Leaf. | |

**Ingredients:**
Non-GMO isolated soy protein, 100% pure crystalline fructose, vitamin C, spirulina, natural vanilla flavor, natural graham flavor, calcium aminoate, magnesium aminoate, vitamin E acetate, guar gum, folic acid, psyllium, potassium amino acid chelate, zinc aminoate complex/picolinate, Spanish bee pollen, sunflower oil, choline bitartrate, calcium pantothenate, lemon bioflavonoid complex, beta carotene, rice bran, black currant seed, Korean ginseng, iron aminoate/ascorbate, niacinamide, bromelain, quercetin, inositol, papaya, rutin, pyridoxine HCl, betaine HCl, thiamine HCl, riboflavin, vitamin B-12, apple pectin, manganese aminoate complex, PABA (para-aminobenzoic acid), selenium aminoate complex, biotin, hesperidin complex, Irish moss, thyme, astragalus, echinacea, schisandra, young barley leaf, ligustrum, chlorophyll, copper aminoate complex, amylase, lipase, eriocitrin, vitamin D, octacosanol, chromium aminoate complex, kelp

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