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Taurine 500 mg - 100 Caps



NOW® Taurine is a free-form amino acid that participates in a variety of metabolic processes. Taurine is a neurotransmitter, a neuromodulator and is involved in glucose uptake.* It is found in meats, fish, milk and eggs, but not in vegetable proteins.

PRODUCT #: 0140
UPC: 733739001405
SRP: $6.99
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Nutrition Info

Servings Per Container: 100
Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Taurine (free form)	500 mg	*

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

Serving Size: 1 Capsule

Suggested Use: As a dietary supplement, take 1 capsule 1 to 4 times a day with juice or water, preferably between meals.

Free of: sugar, starch, salt, yeast, corn, soy, gluten, wheat, milk.

Other Ingredients: Rice Flour and Gelatin (capsule).

Warnings: Please discard the inedible freshness packet enclosed.

Disclaimers: *This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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