Mood Balance™

Bio-Aligned Formula™ * Supports Emotional Well-Being



enlarge bottle

Mood Balance was designed to help women cope with the stress associated with daily life, especially during menopause. This Bio-Aligned Formula supports multiple body systems related to emotional well-being, including energy metabolism and neuro-modulation (balancing and inhibitory, and stimulating). Mood Balance features St. John's wort, shown to enhance a positive outlook. It also supplies additional mood-soothing herbs, calming factors, and uplifting amino acids.

Supplement Facts

Serving Size: 3 tablets

	Amount	%DV
Vitamin C (as zinc ascorbate)	55 mg	0.9
Thiamin (vitamin B-1)	25 mg	16.67
Riboflavin (vitamin B-2)	25 mg	14.71
Niacinamide	50 mg	2.5
Vitamin B-6 (as pyridoxine HCl)	50 mg	25
Folate (as folic acid)	800 mcg	2
Vitamin B-12 (as cyanocobalamin)	30 mcg	5
Biotin	300 mcg	1
Pantothenic Acid (as calcium D-pantothenate)	25 mg	2.5
Calcium	160 mg	.15
Magnesium	195 mg	0.5
(as magnesium oxide & taurinate)		
Zinc (as zinc ascorbate)	10 mg	0.67

In - Depth Info



PDF **Bio-Aligned™ Brochure**

Feeling symptom free means you're happy just to be alive and breathing. Your mood is positive,...



PDF **Mood Balance™ chartbook**

Menopause doesn't have to be a time of emotional upheaval. Mood Balance™ contains St....

Related Symptoms

Menopause

Related Articles

Bio-Aligned Chart

Mood Balance™ • Supports Emotional Well-Being During Menopause

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Life Force™ Multiple

Bio-Aligned Formula™ * Daily Energy Booster * Capsules and Tablets



Wellness Formula®

Bio-Aligned Formula™ * Capsules and Tablets

Manganese (as manganese citrate)	3 mg	1.5
St. John's Wort Extract (0.3%)	900 mg	†
Yielding 2.7 mg Hypericin		
GABA (gamma amino butyric acid)	300 mg	†
Taurine (as magnesium taurinate)	222 mg	†
L-Tyrosine	200 mg	†
Bacopa monniera Extract (20% bacosides)	100 mg	†
Lemon Balm Leaf	100 mg	†
Valerian Root Extract (0.8%) Yielding 800 mcg Valerenic Acids	100 mg	†
L-Phenylalanine	100 mg	†
DMAE (as bitartrate)	60 mg	†
L-Theanine	50 mg	†
N-Acetyl L-Tyrosine	50 mg	†
Relora®	50 mg	†

Other Ingredients: dibasic calcium phosphate, stearic acid, acacia gum, modified cellulose gum, colloidal silicon dioxide and magnesium stearate.

Warning: Contains phenylalanine and tyrosine. Not to be used by phenylketonurics, pregnant or breastfeeding women, or with antidepressant drugs. If you have chronic high blood pressure, consult your health care professional.

Suggested Use: One tablet 3 times daily. For optimal absorption, take between meals or with a carbohydrate meal. For best results, use this product for at least 6 weeks.

SN1006 45 tabs • SN1007 90 tabs



Essential Enzymes™
Bio-Aligned Formula™ * Original and Vegetarian Capsules



Male Response™
Bio-Aligned Formula™ * Virility Complex



AHCC®
Active Hexose Correlated Compound


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Body Systems In Alignment
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