

DaVinci Laboratories
The Discovery Company
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Since 1973
Recommended By Leading Doctors

Spectra™ Senior



The most advanced multiple for people ages 50 and older. A combination of 60 nutrients including those that are important in reducing the effects of aging such as CoEnzyme Q_{10}, Lutein, Ginkgo Biloba, Alpha Lipoic Acid, Phosphatidylserine, Lycopene, Bilberry Extract and more.

Three vegetarian caplets provide 9500 IU Vitamin A (2000 as palmitate and 7500 as beta carotene), 300 mg Vitamin C, 200 IU Vitamin D, 200 IU Vitamin E (as d-alpha tocopheryl succinate), 2.5 mcg Vitamin K, 25 mg Thiamin, 25 mg Riboflavin, 25 mg Niacin, 25 mg Vitamin B_6, 200 mcg Folic Acid, 25 mcg Vitamin B_{12} (Methylcobalamin), 150 mcg Biotin, 25 mg Pantothenic Acid, 300 mg Calcium (as Calcium Citrate), 50 mg Phosphorus, 35 mcg Iodine (from kelp), 150 mg Magnesium, 10 mg Zinc, 25 mcg Selenium, 0.025 mg Copper, 2.5 mg Manganese, 25 mcg Chromium, 25 mcg Molybdenum, 25 mg Potassium, 0.5 mg Boron, 3 mg Silicon (Horsetail Rush), 10 mcg Vanadium, 50 mg Choline, 25 mg Inositol, 25 mg PABA (para-aminobenzoic acid), 25 mg L-Cysteine (Enteric Coated), 25 mg Glutamic Acid, 25 mg DL-Methionine (Enteric Coated), 50 mg L-Aspartic Acid, 12.5 mg Phosphatidylserine, 500 mcg Octacosanol, 50 mg Lecithin, 2.5 mg Gamma Linolenic Acid, 15 mg Alpha Lipoic Acid, 5 mg Coenzyme Q_{10}, 2.5 mg Lycopene, 2.5 mg Bioperine™, 5 mg Ginkgo Biloba, 1.5 mg Lutein, 20 mg Bilberry Extract, 5 mg RNA (ribonucleic acid), 100 mg Mixed Citrus Bioflavonoids, 12.5 mg Hesperidin, 12.5 mg Rutin, 12.5 mg Pectin, 15 mg Betaine Hydrochloride, 2 mg Bromelain, 2 mg Papain (Enteric Coated), 2 mg Cellulase Enzymes, 10 mg Enzopharm® Plus (A proprietary blend of vegetarian enzymes, amylase, protease, lipase, hemicellulose, lactose).

Other ingredients: calcium carbonate, magnesium oxide, calcium ascorbate, calcium pantothenate, potassium citrate, cellulose, zinc gluconate, manganese gluconate, stearic acid, silica, amino acid chelates (boron, copper, molybdenum, selenium), chromium polynicotinate.

As a dietary supplement take 3 caplets with breakfast and 3 caplets with lunch.

Spectra™ Senior 2197

2197.18 (180 tablets)

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