How to Print

Trust The Leaf™

St. John's Wort, Extract

Latin Name
Hypericum perforatum

Description
One of the most popular herbal products in Europe for the support of mood, St. John's Wort (Hypericum perforatum) extract is a highly concentrated extract of the stems, leaves and flowers. Nature's Way St. John's Wort extract is standardized to 0.3% Dianthrones measured as Hypericin and provides the daily dosage used in the most recent clinical studies.



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Usage
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Recommended Daily Dosage
Take 1 capsule two to three times daily with water at mealtimes. Best results are obtained with continuous use.

The following list is for serving size of 1 capsule

Primary Ingredients	***Amount***	***USRDA***
Rosemary Herb	80 mg	0%
Spirulina	40 mg	0%
St. John's Wort, dried extract .3% dianthrones measures as Hypericin	300 mg	0%

Other Ingredients
Gelatin, Magnesium Stearate, Millet

Sizes & Suggested Retail Price
90 capsules - $14.99

Where to BUY?

Synergistic Products
Korean White Ginseng
Mood Aid Formula
Perika St. John's Wort
Scullcap

Usage Warnings

If using a prescription antidepressant, consult a physician before taking this product.

Limit exposure to the sun since the skin may become photo sensitive and sunburn easily after several days of usage. It is recommended that continuous treatment (longer than two consecutive months) be avoided without a two to three week rest period.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.