

Standardized • Full Potency™ Stinging Nettle Leaf Extract Vegetable Capsules

(Urtica dioica)

Herbal Supplement

Suitable for Vegetarians

Supplement Facts
Serving Size 1 Vegetable Capsule

	Amount Per Vegetable Capsule	% Daily Value
Calcium †	20 mg	2%
Iron †	0.5 mg	3%
Standardized Stinging Nettle Extract (leaf) (silicic acid 3 mg [1%])	275 mg	*
Raw Stinging Nettle Powder (leaf)	200 mg	*

*Daily Value (DV) not established.

Other Ingredients: Vegetable Cellulose, Silica, Microcrystalline Cellulose, Vegetable Magnesium Stearate, PhytO2X® Blend (L-Ascorbic acid, natural beta-carotene), Water. May contain vegetable glycerin.

† Naturally occurring; therefore amount may vary.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

PhytO2X® is a special blend of antioxidants, the purpose of which is to maintain the freshness of the ingredients.

Solgar's Standardized Full Potency (SFP) Herbs are developed through a unique process that integrates the ideologies of both traditional herbalism and standardized herbal technology. To ensure consistent and reliable nutrient levels, we isolate a controlled amount of these important active plant compounds. Then, we blend these enhanced, "standardized" compounds with all of the components that occur naturally in the whole raw herb. The result is a potent, premium-quality standardized herbal extract with all of the synergistic and beneficial qualities found in nature.

This product is free of sugar, salt, corn, yeast, wheat, dairy and animal products and is formulated without the use of artificial preservatives, flavors or colors of any kind.

For more information call: 1-877-SOLGAR 4

UPC Code(s): 4144

Available in Bottles of: 60

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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