

Gentle Iron® Vegetable Capsules

(Iron Bisglycinate) • Non-Constipating

SUITABLE FOR VEGETARIANS • SUGAR, SALT AND STARCH FREE

Gentle on Stomach*

Supplement Facts
Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
Total Carbohydrate	<1 g	<1%*
Iron (as iron bisglycinate†)	25 mg	139%

*Percent Daily Value (DV) are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate, Water. May contain vegetable glycerin.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Solgar's Gentle Iron® Vegetable Capsules are free of corn, yeast, wheat, soy and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

†A unique form of chelated iron (iron bisglycinate) formulated for maximum absorption without gastrointestinal irritation or the constipating effects that often accompany iron supplementation.
Ferrochel™ Albion process patent No. 4,599,152 Chelazomes.

For more information call: 1-877-SOLGAR 4

UPC Code(s): 1249,1250

Available in Bottles of: 90,180

Solgar's KOF-K Kosher certification #K-1250 

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

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