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Borage Oil 240 mg - 120 Softgels



Borage Oil is a nutritional oil containing over 80% polyunsaturated fats. Linoleic acid and Gamma Linoleic acid (GLA) are enhanced essential fatty acids. Although the body can manufacture GLA from dietary linoleic acid, it can be more efficiently utilized for body functions when supplied directly by dietary sources. Borage Oil is a more concentrated source of GLA than Evening Primrose Oil (EPO). One Borage Oil capsule is equilvalent to about 5 standard EPO capsules in GLA content.

PRODUCT #: 1722
UPC: 733739017222
SRP: $28.99
Where to Buy
Add a Comment

Nutrition Info

Servings Per Container: 120
Serving Size: 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%*
Saturated Fat	0 g	0%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	0 g	†
Gamma Linolenic Acid (GLA)	240 mg	†
Borage Oil (*Borago officinalis*) (seed)	**1.05 g (1,050 mg)**	**†**
Linoleic Acid	296 mg	†
Oleic Acid	120 mg	†
Palmitic Acid	85 mg	†
Stearic Acid	60 mg	†

* Percent Daily Values are based on 2,000 calorie diet.
† Daily Value not established.

Details

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12.24.04 -- Avoiding Heavy Metals in Herbs
By Neil E. Levin, CCN, DANLA Nutrition Educator for NOW Foods Bloomingdale, Illinois A report published in the medical journal JAMA this week has triggered scary

Serving Size: 1 softgel

Other Ingredients: Gelatin, glycerin, Rice Bran Oil and water.

Suggested Use: As a dietary supplement, take 1 softgel 1-2 times daily, preferably with meals.

Warnings: Caution: Please discard the inedible freshness packet enclosed.

Disclaimers: None

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NOW Foods, quality supplements, discount nutritional supplements, affordable vitamins, discount vitamins, natural vitamins, minerals, natural suppliments, pre-natal vitamins, sports supplements, and health research.



A holiday gift of warmth and happiness! One of the greatest gifts one can give is the gift of health, and now you can do just that with this beautiful sculpted metal tea chest. This...