Phosphatidyl Choline 100 softgels
#72240

Buy

Phosphatidylcholine, a primary component of lecithin, is converted in the brain into the neurotransmitter acetylcholine. Researchers have found acetylcholine to be a primary carrier of memory. Brain acetylcholine levels are thought to be crucial for maintaining memory function as we age. Memory is stored in neurons in the brain, and sufficient acetylcholine supports effective transport of memory across neurons, resulting in protection and enhancement of memory function.*

Each softgel contains:
Phosphatidylcholine 385 mg
Other ingredients:
Other phospholipids, Miglyol 812®, glycerin.

Suggested Use:
As a dietary supplement,1 to 4 softgels two to three times daily with meals, or as directed by a healthcare practitioner.

*This statement has not been evaluated by the U.S. Food and Drug administration. The product is not intended to diagnose, treat, cure, or prevent any disease.