Minerals
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Magnesium Malate

Tablets and Capsules



enlarge bottle

Magnesium is an essential mineral, playing a key role in over 300 enzymatic reactions in metabolism. The reactions include those involved in the Krebs cycle (one of the body's energy production systems), energy storage, the breakdown of fatty acids, protein synthesis, DNA metabolism, the relaxation of voluntary and involuntary muscle tissue, neurotransmitter activity, and hormone regulation. Magnesium is stored primarily in the bones and plays a role in the absorption of calcium by the bones.

Supplement Facts for tablets
Serving Size: 3 tablets

	Amount	%DV
Magnesium (as magnesium malate)	424 mg	1.1
Malic acid (as magnesium malate)	2.5 g	

Other Ingredients: stearic acid, modified cellulose gum, acacia gum, colloidal silicon dioxide, and magnesium stearate.

Warning: If you are pregnant or breast-feeding, consult your health care professional before using this product.

Suggested Use: 1 to 3 tablets daily with meals.

Supplement Facts for capsules
Serving Size: 6 capsules

	Amount	%DV
Magnesium (as magnesium malate)	424 mg	
Malic acid (as magnesium malate and malic acid)	2.5 g	

In - Depth Info

PDF **Magnesium Malate**
May have the powerful effect of diminishing unwanted aluminum accumulation.

Those interested in this product also viewed

Life Force™ Multiple
Bio-Aligned Formula™ * Daily Energy Booster * Capsules and Tablets

Wellness Formula®
Bio-Aligned Formula™ * Capsules and Tablets

Essential Enzymes™
Bio-Aligned Formula™ * Original and Vegetarian Capsules

AHCC®
Active Hexose Correlated Compound

Coral Calcium
600 mg and 1,200 mg Tablets * Powder * Capsules

Other Ingredients:

Warning:

Suggested Use: 2 to 6 capsules daily with a meal.

tablets	**SN0261 90 tabs • SN0262 180 tabs • SN0535 360 tabs**
capsules	**SN1599 100 caps • SN1600 200 caps**

