How to Print

Trust The Leaf™

Choline

Description
Nature's Ways 100 % natural choline is bound to tartaric acid to improve absorption.



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Usage
Choline is an essential precursor of acetylcholine, a stimulatory neurotransmitter. It also helps in the production of lipotropic agents which converts fats into useful products and aids in the production of HDL cholesterol.*

Recommended Daily Dosage
Take one tablet with a meal or water

The following list is for serving size of 1 tablet

Primary Ingredients	***Amount***	***USRDA***
Choline, bitartrate	500 mg	0%
Riboflavin, vitamin B-2	3 mg	176%

Other Ingredients
Cellulose, Silica, Stearic Acid, Titanium Dioxide, Vitamin B-2 (co-enzyme riboflavin 5 phosphate)

Sizes & Suggested Retail Price
100 capsules - $11.99

Where to BUY?

Synergistic Products
Ginkgold
Inositol
Lecithin
Phosphatidyl Serine

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.