Apple Cider Vinegar
Borage GLA 125
Borage GLA 240 + Gamma Tocopherol
CLA 750 (Conjugated Linoleic Acid)
Coconut Oil
Essential Balance
Essential Balance (liquid)
Essential Balance, Jr.
Flaxseed Oil (liquid)
Flaxseed Oil (softgels)
Garlic-Chili Flax Seed Oil
Lecithin: Mega PC-35 (softgels)
Neptune Krill Oil

Mega PC-35™



120 Softgels
1200 mg each
35% - Phosphatidylcholine
3 x Strength
Lecithin
Prod # 16001

Usage: Take 2 –12 Mega PC-35™ softgelsper day, preferably with meals, or as directedby your qualified health consultant.
Mega PC-35™ contains soy bean lecithin,concentrated to the level of 35% PC (phosphatidylcholine).
Phosphatidylcholine (lecithin) is an excellentsource of choline, a B vitamin. PC is a maincomponent of cell membranes and is criticalfor brain and liver function. In the brain, PCis the precursor to acetylcholine. In digestion,PC is part of the bile complex that emulsifiesfats to facilitate absorption.
Keep out of the reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PS-100 (Phosphatidylserine)

Evening Primrose 1300

Evening Primrose 500 + Gamma Tocopherol

Pumpkin Seed Butter

SUPPLEMENT FACTS

Serving Size 2 Softgels	Amount	% DV
Choline (from 35% PC lecithin)	114 mg	21%
Lecithin	2400 mg	*
Phosphatidylcholine 840 mg		
Phosphatidylethanolamine 120 mg		

* Daily Value not established.

Other Ingredients: Softgel consists of gelatin, glycerin and water. Contains no common allergen. Keep in a cool, dry, dark place. May be refrigerated, but keep lid tightly sealed.

Softgel consists of gelatin, glycerine and water.

Contains NO corn, wheat, yeast, artificial flavor, color or preservative, or other common allergen.

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