Supplements



Chocolate Peanut Butter Swirl SPIRU-TEIN® Shake

Product No. 45870

Rich in flavor and nutrition - that's SPIRU-TEIN®! One of life's true pleasures is enjoying a delicious treat you know is good for you in every way. Nature's Plus is especially proud of its entire line of SPIRU-TEIN® products. With zero fat, SPIRU-TEIN® delivers a healthy infusion of plant-based protein, along with other essential nutrients.

1.2 lbs. (527g) Cans #45870
2.3 lb. (1054g) Cans #45871
1.1 oz. (31g) Single Serving Packets #45872

Nutrition Facts

Serving Size 1 Scoop (31 g)

Ingredient	Amount	% Daily Value
Calories	99	
Calories From Fat	0	
Total Fat	0 g	0 %
Saturated Fat	0 g	0 %
Cholesterol	0 mg	0 %
Sodium	140 mg	6 %
Potassium	190 mg	5 %
Total Carbohydrate	11 g	4 %
Dietary Fiber	1 g	4 %
Sugars	8 g	
Other Carbohydrate	2 g	
Protein	14 g	28 %
Vitamin A	5000 IU	100 %
Vitamin C	60 mg	100 %
Calcium	300 mg	30 %
Iron	4.5 mg	25 %
Vitamin D	400 IU	100 %
Vitamin E	30 IU	100 %
Thiamin	1.5 mg	100 %
Riboflavin	1.7 mg	100 %
Niacin	20 mg	100 %
Vitamin B6	2 mg	100 %
Folic Acid	400 mcg	100 %
Vitamin B12	6 mcg	100 %
Biotin	300 mcg	100 %
Pantothenic Acid	10 mg	100 %
Phosphorus	200 mg	20 %
Iodine	150 mcg	100 %
Magnesium	80 mg	20 %
Zinc	15 mg	100 %

New For You!



SKINNY MINI" Double Chocolate Fudge Crunch Shake A breakthrough weight-loss product that delivers energizing, diet-enhancing nutrition while satisfying dieters deepest cravings for rich, decadent chocolate taste.



Ultra Rx-Joint® Liquid Newly improved Ultra Rx-Joint Liquid. Enhanced absorption; rare earth trace elements, for even greater joint support; and an incredibly delicious, all-natural, honey-lemon flavor! 8-Ounce Travel Size provides a whole new dimension of freedom and convenience.

Selenium	20 mcg	30 %
Manganese	5 mg	250 %
Chromium	20 mcg	15 %
Molybdenum	20 mcg	25 %

Each Serving Of **Chocolate Peanut Butter Swirl SPIRU-TEIN® Shake** Also Contains:

Inositol	50 mg
Choline (as bitartrate)	21 mg

Ingredients:
Non-GMO isolated soy protein, fructose, Dutch cocoa, tri-calcium phosphate, potassium citrate, natural peanut butter flavor, guar gum, magnesium oxide, psyllium, oat bran, folic acid, microcrystalline cellulose, spirulina, natural vanilla flavor, vitamin C, vitamin E acetate, choline bitartrate, inositol, biotin, apple pectin, bee pollen, vitamin A palmitate, niacinamide, zinc oxide, manganese sulfate, ferrous fumarate, calcium pantothenate, lecithin, lemon bioflavonoids, chlorophyll, potassium iodide, bromelain, pyridoxine HCl, riboflavin, thiamine HCl, vitamin B12, vitamin D, potassium iodide, chromium chloride, sodium selenite, sodium molybdate

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