L-Glutamine 200 grams Powder
72130

L-glutamine is important for the development of enterocytes, a type of cell that is plentiful in the epithelial lining of the gastrointestinal tract. L-glutamine can help conserve muscle glycogen stores, stimulate growth hormone production, support neuronal health, and cross the blood-brain barrier where the brain uses it for fuel. Free form amino acid, high purity, well tolerated.*

Each bottle contains:
L-Glutamine 200 grams

Each 1 teaspoon (4.7 g) serving contains:
L-Glutamine 4.7 g

Suggested Use:
As a dietary supplement, one (1) teaspoon (approx. 4.7 grams) in water1 to 3 times daily before meals, or as directed by a healthcare practitioner.

*These statements has not been evaluated by the U.S. Food and Drug Administration. The product is not intended to diagnose, treat, cure, or prevent any disease.