Manganese

Amino Acid Chelate * 15 mg



enlarge bottle

Manganese is an essential trace mineral involved in many key functions in the body. It plays a role in energy production, normal bone formation and development, and the synthesis of many vital cellular biochemicals. One of these biochemicals is mitochondrial superoxide dismutase, an antioxidant that helps protect the mitochondria of each cell.

Supplement Facts

Serving Size: 1 tablet

	Amount	%DV
Manganese (as manganese amino acid chelate)	15 mg	7.5

Other Ingredients: sorbitol, stearic acid, modified cellulose gum, colloidal silicon dioxide and magnesium stearate

Warning: If you are pregnant or breastfeeding, consult your health care professional before using this product.

Suggested Use: One tablet daily.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

SN0342 100 tabs • SN0343 250 tabs

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