

OMNIUM® Tablets

Phytonutrient-Rich Multiple Vitamin and Mineral Formula

SUGAR AND STARCH FREE

DAILY REGIMEN

Supplement Facts
Serving Size 2 Tablets
Servings Per Container: 15

	Amount Per 2 Tablets	% Daily Value
Vitamin A (natural beta carotene)	15000 IU	300%
Vitamin C (from Ester-C® as calcium, magnesium, zinc ascorbates)	300 mg	500%
Vitamin D (as ergocalciferol)	200 IU	50%
Vitamin E (as D-alpha tocopheryl succinate)	300 IU	1000%
Vitamin K (as phytonadione)	20 mcg	25%
Thiamin (as thiamin mononitrate)	30 mg	2000%
Riboflavin	35 mg	2059%
Niacin (as niacinamide, niacin)	60 mg	300%
Vitamin B6 (as pyridoxine HCl)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cobalamin)	100 mcg	1667%
Biotin (as D-biotin)	100 mcg	33%
Pantothenic Acid (as D-Ca pantothenate)	80 mg	800%
Calcium (as glycinate amino acid chelate†)	25 mg	3%
Iron (as iron bisglycinate†)	9 mg	50%
Iodine (from kelp)	150 mcg	100%
Magnesium (as glycinate amino acid chelate†)	25 mg	6%
Zinc (as glycinate amino acid chelate†)	15 mg	100%
Selenium (as L-selenomethionine)	70 mcg	100%
Copper (as glycinate amino acid chelate†)	1.5 mg	75%
Manganese (as glycinate amino acid chelate†)	2 mg	100%
Chromium (as chromium picolinate)	100 mcg	83%
Molybdenum (as glycinate amino acid chelate†)	50 mcg	67%
Sodium††	10 mg	<1%
Potassium (as potassium glycinate amino acid complex)	10 mg	0.3%

Choline (as choline bitartrate)	75 mg	*
Inositol (as myo-inositol)	75 mg	*
Standardized Soy Isoflavone Extract (seed)†††	50 mg	*
Standardized Turmeric Extract (curcuminoids 47.5 mg [95%])	50 mg	*
Broccoli Cruciferous Extract	50 mg	*
Phosphatidylserine Complex (phosphatidylserine 10 mg [20%])	50 mg	*
Tocotrienol Complex (tocotrienols 3.8 mg [7.5%])	50 mg	*
N-Acetyl-L-Cysteine	50 mg	*
Citrus Bioflavonoids	50 mg	*
D-Limonene (from citrus)	25 mg	*
Quercetin (as Dimorphandra mollis)	10 mg	*
Proanthocyanidins (from pine bark and grape seed extracts)	10 mg	*
Polyphenols (from red wine and green tea [leaf] extracts)	10 mg	*
Alpha Lipoic Acid	10 mg	*
Coenzyme Q-10	10 mg	*
Co-Carboxylase	1 mg	*
Pyridoxine-5-Phosphate	1 mg	*
Riboflavin-5-Phosphate	1 mg	*
Carotenoid Mix (alpha carotene, lutein, zeaxanthin, cryptoxanthin)	172 mcg	*
Nickel (as nickel sulfate)	5 mcg	*
Vanadium (as vanadyl sulfate)	5 mcg	*
Boron (as boron amino acid complex)	0.5 mg	*

* Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Grapeskin, Vegetable Stearic Acid, Vegetable Glycerin, Titanium Dioxide, Carnauba Wax.

† Fully reacted chelates, Albion process patent No.4,599,152 Chelazomes

†† Naturally occurring; therefore amount may vary.

††† Not Genetically Modified, Soy From Nature.™

Ester-C® is a licensed trademark of Inter-Cal Corp. and is manufactured under U.S. Patent No. 4,822,816 with other patents applied for.
Solgar's OMNIUM® Tablets are free of corn, yeast, wheat and dairy products and are formulated without the use of preservatives, artificial flavors or colors.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

For more information call: 1-877-SOLGAR 4

UPC Code(s): 2065,2066,2067,2072

Available in Bottles of: 30,60,90,180

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Return to Search Results

Copyright 1996 - 2003 Solgar Vitamin and Herb