

DaVinci Laboratories
The Discovery Company
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vitamins and SUPPLEMENTS DAVINCI
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Recommended By Leading Doctors

Spectra™ Woman



A complete, high potency, vegetarian, multiple specifically designed for women to include those nutrients most vital to women's unique needs such as Gamma Linolenic Acid from Evening Primrose Oil, Grape Seed Extract (a potent antioxidant important in maintaining capillary strength), Biotin for nail and hair health, and extra Calcium. SpectraT Woman contains ergogenic factors, and Octacosanol for endurance and stamina.* Four tablet vegetarian formula.

Take daily 2 tablets with breakfast and 2 tablets with lunch.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60 or 120

Amount Per 2 Tablets	% Daily Value
Beta Carotene 7500 IU	150%
Vitamin C (Ascorbic Acid and Calcium Ascorbate) 500 mg	830%
Vitamin D_3 200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate) 200 IU	670%
Vitamin K 2.5 mcg	4%
Thiamin 35 mg	2330%
Riboflavin 35 mg	2060%
Niacin (and Niacinamide) 35 mg	175%
Vitamin B_6 (Pyridoxine HCl and Pyridoxal 5-Phosphate) 35 mg	1750%
Folic Acid 250 mcg	60%
Vitamin B_{12} (Methylcobalamin) 35 mcg	580%
Biotin 300 mcg	100%
Pantothenic Acid 35 mg	350%
Calcium (as Ca Carbonate and Ca Citrate) 500 mg	50%
Iron 9 mg	50%
Iodine (from kelp) 35 mcg	25%
Magnesium (as Mg Carbonate) 180 mg	45%
Zinc (as Zn Gluconate) 10 mg	70%
Selenium 25 mcg	35%
Copper 0.025 mg	2%
Manganese (as Mn Gluconate) 2.5 mg	130%
Chromium (as Chromium Polynicotinate) 25 mcg	20%
Molybdenum 25 mcg	35%
Potassium (as K Citrate) 25 mg	1%
Boron 0.5 mg	*
Nickel 0.25 mcg	*
Silicon (Horsetail Rush) 3 mg	*
Vanadium (as Vanadyl Sulfate) 10 mcg	*
Choline (as Citrate and Bitartrate) 35 mg	*
Inositol 35 mg	*
PABA (para-aminobenzoic acid) 35 mg	*
L-Cysteine (Enteric Coated) 50 mg	*
L-Glutamine 50 mg	*
DL-Methionine (Enteric Coated) 50 mg	*
L-Aspartic Acid 75 mg	*
Octacosanol 500 mcg	*
Lecithin 50 mg	*
Grape Seed Extract 10 mg	*
Gamma Linolenic Acid (from primrose oil) 5 mg	*
RNA (ribonucleic acid) 5 mg	*
Mixed Citrus Bioflavonoids 100 mg	*
Hesperidin 12.5 mg	*
Rutin 12.5 mg	*
Pectin 12.5 mg	*
Betaine Hydrochloride 10 mg	*
Bromelain 2 mg	*
Papain (Enteric Coated) 2 mg	*
Cellulase Enzymes 2 mg	*
Enzopharm® Plus 8 mg A proprietary blend of vegetarian enzymes: amylase, protease, lipase, hemicellulase, and lactase.	*

* Daily Value not established.

Other ingredients: calcium pantothenate, potassium citrate, cellulose, calcium stearate, ferrous aspartate, silica, ferrous glycinate, ferrous fumarate, amino acid chelates (boron,

copper, selenium, molybdenum), nickel sulfate.

2195.12 (120 tablets)
2195.24 (240 tablets)

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