Supplements

Carob Chocolate SPIRU-TEIN® Bar

Product No. 45592



Nature's Plus SPIRU-TEIN® products are the ultimate all-natural, high protein energy meal. Now, the #1 high energy protein formulation in health food stores can be obtained in a variety of convenient, all-natural energy bars! Each bar provides 10 grams of superior quality soy protein, 50% of the United States Recommended Daily Allowance of all vitamins and most minerals, a generous amount of fiber, plus a powerful blend of spirulina, diet aids and enzymes. SPIRU-TEIN® Bars provide an all-natural energy boost you can enjoy anytime, anywhere!

1.4 oz. (39g) #4559 Original Carob-Coated
1.4 oz. (39g) #45592 Carob/Chocolate
1.4 oz. (39g) #45594 Yogurt-Coated Strawberry
1.4 oz. (39g) #45596 Yogurt-Coated Banana
1.4 oz. (39g) #45601 Chocolate Peanut Butter Swirl
1.4 oz. (40g) #5609 Double Fudge Crunch

Nutrition Facts

Serving Size 1 Bar 1.4 oz. (39 g)

Ingredient	Amount	% Daily Value
Calories	150	
Calories From Fat	30	
Total Fat	3 g	5 %
Saturated Fat	2 g	10 %
Cholesterol	0 mg	0 %
Sodium	90 mg	4 %
Potassium	190 mg	5 %
Total Carbohydrate	20 g	7 %
Dietary Fiber	2 g	8 %
Sugars	16 g	
Other Carbohydrate		
Protein	10 g	20 %
Vitamin A	2500 IU	50 %
Vitamin C	30 mg	50 %
Calcium	300 mg	30 %
Iron	4.5 mg	25 %
Vitamin E	15 IU	50 %
Thiamin	0.75 mg	50 %
Riboflavin	0.85 mg	50 %
Niacin	10 mg	50 %
Vitamin B6	1 mg	50 %
Folic Acid	200 mcg	50 %
Vitamin B12	3 mcg	50 %
Biotin	150 mcg	50 %
Pantothenic Acid	5 mg	50 %
Phosphorus	200 mg	20 %

New For You!



SKINNY MINI" Double Chocolate Fudge Crunch Shake A breakthrough weight-loss product that delivers energizing, diet-enhancing nutrition while satisfying dieters deepest cravings for rich, decadent chocolate taste.



Ultra Rx-Joint® Liquid Newly improved Ultra Rx-Joint Liquid. Enhanced absorption; rare earth trace elements, for even greater joint support; and an incredibly delicious, all-natural, honey-lemon flavor! 8-Ounce Travel Size provides a whole new dimension of freedom and convenience.

Iodine	75 mcg	50 %
Magnesium	60 mg	15 %
Zinc	7.5 mg	50 %
Selenium	35 mcg	50 %
Manganese	1 mg	50 %
Chromium	60 mcg	50 %
Molybdenum	37.5 mg	50 %

Ingredients:
High fructose complex (from fruit concentrates, corn and/or malt), non-GMO isolated soy protein, lowfat cocoa (processed with alkali), fructose, calcium phosphate, peanut butter, oat bran, honey, natural flavors, potassium citrate, magnesium oxide, choline bitartrate, ascorbic acid, inositol, d-alpha tocopheryl succinate, niacinamide, ferrous fumarate, zinc oxide, manganese sulfate, calcium pantothenate, pyridoxine HCl, riboflavin, spirulina, bee pollen, lecithin (soya), bromelain (from pineapple fruit), papaya, apple pectin, microcrystalline cellulose, psyllium husk, guar gum, lemon bioflavonoids, thiamine HCl, vitamin A palmitate, folic acid, biotin, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, cyanocobalamin, Choline 44 mg per bar., Coating:, malt, vegetable oil, carob, lecithin

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